

Metompkin Inlet, VA - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:03	4.0	5:43	0.1	5:55	0.3	6:05	8:11	
2	Mon	12:23	4.4	12:51	4.0	6:28	0.2	6:49	0.4	6:06	8:10	
3	Tue	1:10	4.1	1:44	4.1	7:17	0.2	7:47	0.5	6:07	8:09	
4	Wed	2:02	3.9	2:41	4.2	8:08	0.2	8:49	0.5	6:08	8:08	
5	Thu	3:00	3.6	3:44	4.3	9:03	0.1	9:53	0.5	6:09	8:07	
6	Fri	4:03	3.5	4:48	4.5	10:01	0.1	10:59	0.4	6:10	8:06	
7	Sat	5:08	3.4	5:50	4.7	11:01	-0.1			6:11	8:05	
8	Sun	6:09	3.5	6:48	4.8	12:04	0.2	12:02	-0.2	6:11	8:04	
9	Mon	7:07	3.6	7:43	5.0	1:04	0.0	1:00	-0.4	6:12	8:03	
10	Tue	8:02	3.7	8:35	5.0	1:58	-0.2	1:55	-0.6	6:13	8:01	
11	Wed	8:54	3.9	9:25	4.9	2:48	-0.3	2:47	-0.6	6:14	8:00	
12	Thu	9:44	4.0	10:12	4.8	3:34	-0.4	3:36	-0.6	6:15	7:59	
13	Fri	10:32	4.0	10:57	4.6	4:18	-0.3	4:24	-0.4	6:16	7:58	
14	Sat	11:18	4.0	11:41	4.3	5:01	-0.2	5:12	-0.1	6:17	7:57	
15	Sun			12:04	3.9	5:44	0.0	6:01	0.2	6:17	7:55	
16	Mon	12:24	4.0	12:50	3.9	6:27	0.3	6:51	0.5	6:18	7:54	
17	Tue	1:08	3.7	1:37	3.8	7:11	0.5	7:43	0.8	6:19	7:53	
18	Wed	1:54	3.4	2:28	3.7	7:56	0.7	8:38	1.1	6:20	7:52	
19	Thu	2:45	3.1	3:24	3.7	8:44	0.9	9:33	1.2	6:21	7:50	
20	Fri	3:41	3.0	4:21	3.7	9:34	1.0	10:30	1.3	6:22	7:49	
21	Sat	4:39	3.0	5:18	3.9	10:26	1.0	11:26	1.2	6:23	7:48	
22	Sun	5:34	3.1	6:09	4.1	11:18	0.9			6:23	7:46	
23	Mon	6:24	3.3	6:56	4.3	12:18	1.1	12:10	0.7	6:24	7:45	
24	Tue	7:11	3.5	7:41	4.5	1:04	0.9	12:58	0.5	6:25	7:43	
25	Wed	7:56	3.7	8:24	4.7	1:47	0.6	1:45	0.3	6:26	7:42	
26	Thu	8:40	3.9	9:06	4.8	2:27	0.4	2:30	0.1	6:27	7:41	
27	Fri	9:24	4.2	9:49	4.8	3:08	0.2	3:14	0.0	6:28	7:39	
28	Sat	10:09	4.3	10:32	4.8	3:48	0.1	4:00	-0.1	6:28	7:38	
29	Sun	10:54	4.5	11:16	4.6	4:30	0.0	4:47	0.0	6:29	7:36	
30	Mon	11:40	4.6			5:13	0.0	5:38	0.1	6:30	7:35	
31	Tue	12:01	4.4	12:29	4.6	6:00	0.0	6:33	0.3	6:31	7:34	