

Metompkin Inlet, VA - Nov 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:24	3.3	2:58	4.2	8:16	0.4	9:15	0.4	6:27	5:04	
2	Tue	3:35	3.4	4:04	4.0	9:23	0.5	10:14	0.4	6:28	5:03	
3	Wed	4:39	3.6	5:01	3.9	10:28	0.4	11:05	0.3	6:29	5:02	
4	Thu	5:31	3.8	5:49	3.9	11:27	0.3	11:50	0.2	6:30	5:01	
5	Fri	6:15	4.0	6:32	3.8			12:17	0.2	6:31	5:00	
6	Sat	6:56	4.2	7:12	3.8	12:30	0.1	1:02	0.2	6:32	4:59	
7	Sun	7:34	4.3	7:51	3.7	1:06	0.1	1:42	0.1	6:33	4:58	
8	Mon	8:13	4.4	8:30	3.6	1:42	0.1	2:20	0.1	6:34	4:57	
9	Tue	8:52	4.5	9:10	3.6	2:18	0.1	2:59	0.2	6:35	4:56	
10	Wed	9:32	4.4	9:50	3.4	2:54	0.2	3:38	0.4	6:36	4:55	
11	Thu	10:12	4.4	10:31	3.3	3:32	0.4	4:19	0.6	6:37	4:54	
12	Fri	10:54	4.2	11:14	3.2	4:11	0.6	5:03	0.8	6:38	4:54	
13	Sat	11:37	4.1	11:59	3.1	4:55	0.8	5:49	0.9	6:40	4:53	
14	Sun			12:24	4.0	5:42	1.0	6:39	1.0	6:41	4:52	
15	Mon	12:49	3.0	1:14	3.9	6:35	1.1	7:30	1.0	6:42	4:51	
16	Tue	1:44	3.1	2:09	3.8	7:32	1.1	8:21	0.9	6:43	4:51	
17	Wed	2:43	3.3	3:07	3.9	8:31	1.0	9:13	0.7	6:44	4:50	
18	Thu	3:41	3.5	4:02	3.9	9:30	0.8	10:04	0.4	6:45	4:49	
19	Fri	4:36	3.9	4:56	4.1	10:30	0.4	10:54	0.1	6:46	4:49	
20	Sat	5:27	4.4	5:47	4.2	11:27	0.1	11:44	-0.3	6:47	4:48	
21	Sun	6:18	4.8	6:38	4.2			12:22	-0.3	6:48	4:47	
22	Mon	7:08	5.1	7:28	4.2	12:33	-0.6	1:16	-0.5	6:49	4:47	
23	Tue	7:58	5.4	8:20	4.1	1:21	-0.8	2:08	-0.7	6:50	4:46	
24	Wed	8:50	5.4	9:12	4.0	2:10	-0.9	3:01	-0.7	6:51	4:46	
25	Thu	9:42	5.4	10:05	3.9	3:01	-0.9	3:54	-0.7	6:52	4:46	
26	Fri	10:36	5.2	10:59	3.7	3:53	-0.8	4:50	-0.5	6:53	4:45	
27	Sat	11:30	4.9	11:56	3.5	4:49	-0.5	5:48	-0.3	6:54	4:45	
28	Sun			12:27	4.5	5:48	-0.2	6:48	-0.1	6:55	4:45	
29	Mon	12:57	3.3	1:26	4.1	6:51	0.1	7:47	0.1	6:56	4:44	
30	Tue	2:02	3.2	2:29	3.8	7:57	0.3	8:45	0.1	6:57	4:44	