

Metompkin Inlet, VA - May 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:01	4.0	7:24	4.3	12:34	0.3	12:55	0.2	6:05	7:52	
2	Tue	7:47	4.1	8:10	4.6	1:25	-0.1	1:40	-0.1	6:04	7:53	
3	Wed	8:34	4.1	8:57	4.9	2:15	-0.4	2:25	-0.4	6:03	7:54	
4	Thu	9:21	4.1	9:45	5.1	3:04	-0.6	3:10	-0.5	6:02	7:55	
5	Fri	10:10	4.0	10:34	5.2	3:53	-0.6	3:56	-0.6	6:01	7:56	
6	Sat	10:59	3.9	11:25	5.1	4:44	-0.6	4:45	-0.5	6:00	7:57	
7	Sun	11:51	3.7			5:38	-0.4	5:38	-0.3	5:59	7:58	
8	Mon	12:18	4.9	12:45	3.5	6:35	-0.3	6:35	-0.1	5:58	7:59	
9	Tue	1:14	4.7	1:44	3.4	7:35	-0.1	7:37	0.1	5:57	8:00	
10	Wed	2:15	4.4	2:48	3.3	8:36	0.1	8:42	0.2	5:56	8:00	
11	Thu	3:19	4.1	3:57	3.3	9:37	0.2	9:49	0.3	5:55	8:01	
12	Fri	4:26	3.9	5:04	3.5	10:37	0.1	10:56	0.2	5:54	8:02	
13	Sat	5:28	3.8	6:02	3.7	11:32	0.1	11:59	0.2	5:53	8:03	
14	Sun	6:23	3.7	6:52	3.9			12:22	0.0	5:52	8:04	
15	Mon	7:11	3.6	7:36	4.1	12:56	0.0	1:06	-0.1	5:52	8:05	
16	Tue	7:55	3.5	8:17	4.3	1:46	-0.1	1:47	-0.1	5:51	8:06	
17	Wed	8:37	3.5	8:58	4.4	2:30	-0.1	2:25	-0.1	5:50	8:07	
18	Thu	9:18	3.4	9:38	4.4	3:11	-0.1	3:03	0.0	5:49	8:07	
19	Fri	9:59	3.3	10:18	4.4	3:50	0.0	3:41	0.1	5:49	8:08	
20	Sat	10:40	3.3	10:59	4.3	4:29	0.1	4:19	0.2	5:48	8:09	
21	Sun	11:21	3.2	11:41	4.2	5:10	0.3	5:00	0.4	5:47	8:10	
22	Mon			12:03	3.1	5:52	0.5	5:42	0.6	5:47	8:11	
23	Tue	12:24	4.0	12:47	3.0	6:36	0.7	6:29	0.8	5:46	8:11	
24	Wed	1:09	3.9	1:34	3.0	7:23	0.8	7:19	0.9	5:45	8:12	
25	Thu	1:56	3.8	2:26	3.0	8:11	0.9	8:13	1.0	5:45	8:13	
26	Fri	2:48	3.7	3:21	3.2	8:59	0.8	9:09	1.0	5:44	8:14	
27	Sat	3:43	3.6	4:17	3.4	9:48	0.7	10:07	0.8	5:44	8:14	
28	Sun	4:38	3.7	5:12	3.7	10:37	0.5	11:06	0.6	5:43	8:15	
29	Mon	5:31	3.7	6:03	4.1	11:27	0.3			5:43	8:16	
30	Tue	6:23	3.8	6:53	4.5	12:03	0.3	12:16	0.0	5:42	8:17	
31	Wed	7:14	3.9	7:43	4.9	12:59	0.0	1:06	-0.3	5:42	8:17	