

Metompkin Inlet, VA - Jun 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:05	3.9	8:33	5.2	1:53	-0.3	1:55	-0.5	5:42	8:18	
2	Fri	8:56	3.9	9:24	5.4	2:45	-0.5	2:44	-0.7	5:41	8:19	
3	Sat	9:48	3.9	10:17	5.4	3:37	-0.7	3:35	-0.7	5:41	8:19	
4	Sun	10:41	3.8	11:10	5.3	4:30	-0.7	4:27	-0.7	5:41	8:20	
5	Mon	11:35	3.7			5:24	-0.6	5:22	-0.5	5:40	8:20	
6	Tue	12:04	5.0	12:31	3.6	6:20	-0.4	6:21	-0.3	5:40	8:21	
7	Wed	12:59	4.7	1:29	3.5	7:18	-0.2	7:22	-0.1	5:40	8:22	
8	Thu	1:56	4.3	2:32	3.5	8:15	-0.1	8:27	0.2	5:40	8:22	
9	Fri	2:56	4.0	3:37	3.5	9:12	0.0	9:32	0.3	5:40	8:23	
10	Sat	3:58	3.7	4:42	3.6	10:07	0.1	10:38	0.4	5:40	8:23	
11	Sun	4:59	3.4	5:39	3.8	10:59	0.1	11:41	0.4	5:40	8:24	
12	Mon	5:53	3.3	6:28	3.9	11:47	0.1			5:40	8:24	
13	Tue	6:42	3.2	7:12	4.1	12:39	0.3	12:33	0.1	5:40	8:24	
14	Wed	7:26	3.2	7:53	4.2	1:28	0.3	1:15	0.1	5:40	8:25	
15	Thu	8:08	3.2	8:33	4.3	2:11	0.2	1:55	0.1	5:40	8:25	
16	Fri	8:50	3.2	9:14	4.4	2:50	0.2	2:35	0.1	5:40	8:26	
17	Sat	9:32	3.2	9:55	4.4	3:28	0.2	3:13	0.1	5:40	8:26	
18	Sun	10:13	3.2	10:36	4.3	4:06	0.3	3:53	0.2	5:40	8:26	
19	Mon	10:55	3.2	11:17	4.3	4:45	0.4	4:33	0.4	5:40	8:26	
20	Tue	11:37	3.2	11:57	4.2	5:25	0.5	5:15	0.5	5:40	8:27	
21	Wed			12:19	3.2	6:06	0.6	6:00	0.7	5:41	8:27	
22	Thu	12:39	4.0	1:04	3.2	6:49	0.6	6:48	0.8	5:41	8:27	
23	Fri	1:22	3.9	1:51	3.3	7:34	0.7	7:40	0.9	5:41	8:27	
24	Sat	2:09	3.8	2:43	3.4	8:20	0.6	8:36	0.9	5:41	8:27	
25	Sun	3:00	3.7	3:39	3.6	9:07	0.5	9:35	0.8	5:42	8:28	
26	Mon	3:56	3.6	4:35	3.9	9:57	0.4	10:35	0.6	5:42	8:28	
27	Tue	4:53	3.6	5:31	4.3	10:49	0.2	11:36	0.4	5:42	8:28	
28	Wed	5:50	3.6	6:26	4.7	11:42	-0.1			5:43	8:28	
29	Thu	6:45	3.7	7:19	5.0	12:36	0.1	12:36	-0.4	5:43	8:28	
30	Fri	7:40	3.7	8:13	5.3	1:33	-0.2	1:31	-0.6	5:44	8:28	