

Metompkin Inlet, VA - Aug 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:05	4.1	10:35	5.1	3:53	-0.6	3:56	-0.9	6:06	8:10	
2	Wed	10:58	4.1	11:25	4.9	4:43	-0.6	4:50	-0.7	6:07	8:09	
3	Thu	11:50	4.1			5:32	-0.5	5:45	-0.4	6:08	8:08	
4	Fri	12:14	4.5	12:42	4.0	6:21	-0.3	6:41	0.0	6:09	8:07	
5	Sat	1:03	4.1	1:35	3.9	7:10	0.0	7:40	0.3	6:09	8:06	
6	Sun	1:54	3.7	2:30	3.8	8:00	0.2	8:40	0.6	6:10	8:05	
7	Mon	2:47	3.3	3:29	3.8	8:51	0.4	9:41	0.8	6:11	8:04	
8	Tue	3:45	3.1	4:29	3.8	9:42	0.6	10:44	1.0	6:12	8:03	
9	Wed	4:44	2.9	5:25	3.8	10:33	0.7	11:44	1.0	6:13	8:02	
10	Thu	5:39	2.9	6:16	4.0	11:25	0.7			6:14	8:01	
11	Fri	6:29	3.0	7:02	4.1	12:36	0.9	12:15	0.6	6:15	7:59	
12	Sat	7:14	3.2	7:45	4.2	1:20	0.8	1:02	0.5	6:15	7:58	
13	Sun	7:57	3.3	8:26	4.4	1:58	0.7	1:45	0.4	6:16	7:57	
14	Mon	8:39	3.5	9:06	4.5	2:35	0.6	2:26	0.3	6:17	7:56	
15	Tue	9:21	3.7	9:46	4.5	3:10	0.5	3:07	0.2	6:18	7:54	
16	Wed	10:02	3.8	10:24	4.5	3:46	0.4	3:47	0.2	6:19	7:53	
17	Thu	10:42	3.9	11:03	4.4	4:23	0.4	4:28	0.3	6:20	7:52	
18	Fri	11:22	4.0	11:42	4.3	5:00	0.4	5:11	0.4	6:21	7:51	
19	Sat			12:04	4.1	5:39	0.4	5:58	0.5	6:21	7:49	
20	Sun	12:22	4.1	12:49	4.1	6:22	0.5	6:50	0.7	6:22	7:48	
21	Mon	1:07	3.9	1:39	4.2	7:08	0.5	7:46	0.8	6:23	7:47	
22	Tue	1:57	3.7	2:35	4.3	7:59	0.5	8:47	0.8	6:24	7:45	
23	Wed	2:55	3.5	3:38	4.4	8:54	0.5	9:51	0.8	6:25	7:44	
24	Thu	3:59	3.4	4:43	4.5	9:54	0.4	10:56	0.6	6:26	7:42	
25	Fri	5:05	3.4	5:46	4.8	10:56	0.2			6:27	7:41	
26	Sat	6:07	3.6	6:45	5.0	12:00	0.4	11:59 AM	-0.1	6:27	7:40	
27	Sun	7:06	3.8	7:41	5.1	12:59	0.1	12:59	-0.4	6:28	7:38	
28	Mon	8:01	4.1	8:34	5.2	1:53	-0.2	1:56	-0.6	6:29	7:37	
29	Tue	8:54	4.3	9:24	5.1	2:43	-0.4	2:49	-0.7	6:30	7:35	
30	Wed	9:45	4.4	10:13	4.9	3:29	-0.5	3:41	-0.7	6:31	7:34	
31	Thu	10:35	4.5	11:00	4.6	4:15	-0.5	4:32	-0.5	6:32	7:32	