

Metompkin Inlet, VA - Sep 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:23	4.5	11:46	4.3	4:59	-0.3	5:23	-0.2	6:32	7:31	
2	Sat			12:11	4.4	5:44	-0.1	6:15	0.1	6:33	7:29	
3	Sun	12:32	3.9	12:59	4.2	6:30	0.2	7:09	0.5	6:34	7:28	
4	Mon	1:19	3.6	1:50	4.0	7:18	0.5	8:06	0.8	6:35	7:26	
5	Tue	2:09	3.2	2:45	3.9	8:08	0.8	9:05	1.1	6:36	7:25	
6	Wed	3:05	3.0	3:45	3.8	9:00	1.0	10:05	1.2	6:37	7:23	
7	Thu	4:06	2.9	4:46	3.8	9:55	1.0	11:04	1.3	6:37	7:22	
8	Fri	5:06	3.0	5:42	3.9	10:50	1.0	11:57	1.2	6:38	7:20	
9	Sat	5:59	3.2	6:31	4.1	11:44	0.9			6:39	7:19	
10	Sun	6:46	3.4	7:15	4.3	12:43	1.1	12:33	0.7	6:40	7:17	
11	Mon	7:29	3.6	7:56	4.4	1:22	0.9	1:19	0.6	6:41	7:16	
12	Tue	8:11	3.9	8:36	4.5	1:59	0.7	2:01	0.4	6:42	7:14	
13	Wed	8:52	4.1	9:15	4.6	2:36	0.5	2:43	0.3	6:43	7:13	
14	Thu	9:33	4.3	9:55	4.6	3:12	0.4	3:24	0.2	6:43	7:11	
15	Fri	10:13	4.4	10:34	4.5	3:48	0.3	4:07	0.2	6:44	7:10	
16	Sat	10:55	4.6	11:15	4.3	4:27	0.3	4:51	0.3	6:45	7:08	
17	Sun	11:38	4.6	11:58	4.1	5:07	0.3	5:39	0.4	6:46	7:06	
18	Mon			12:24	4.6	5:51	0.4	6:32	0.6	6:47	7:05	
19	Tue	12:44	3.9	1:15	4.6	6:39	0.5	7:30	0.7	6:48	7:03	
20	Wed	1:37	3.6	2:13	4.5	7:34	0.6	8:32	0.8	6:48	7:02	
21	Thu	2:37	3.4	3:18	4.5	8:34	0.6	9:37	0.8	6:49	7:00	
22	Fri	3:44	3.4	4:26	4.6	9:38	0.5	10:42	0.7	6:50	6:59	
23	Sat	4:53	3.5	5:31	4.7	10:44	0.4	11:44	0.5	6:51	6:57	
24	Sun	5:57	3.7	6:31	4.8	11:48	0.1			6:52	6:56	
25	Mon	6:54	4.0	7:25	4.8	12:41	0.2	12:49	-0.1	6:53	6:54	
26	Tue	7:47	4.3	8:15	4.8	1:32	-0.1	1:44	-0.4	6:54	6:52	
27	Wed	8:36	4.5	9:02	4.7	2:19	-0.3	2:36	-0.5	6:54	6:51	
28	Thu	9:24	4.7	9:48	4.5	3:02	-0.3	3:25	-0.4	6:55	6:49	
29	Fri	10:10	4.7	10:32	4.3	3:44	-0.3	4:12	-0.3	6:56	6:48	
30	Sat	10:55	4.7	11:16	4.0	4:25	-0.1	5:00	0.0	6:57	6:46	