

Metompkin Inlet, VA - Nov 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:38	4.2			4:58	0.7	5:55	0.9	6:28	5:03	
2	Thu	12:00	3.1	12:27	4.0	5:46	0.9	6:46	1.1	6:29	5:02	
3	Fri	12:51	3.0	1:19	3.8	6:38	1.1	7:39	1.2	6:30	5:01	
4	Sat	1:47	2.9	2:16	3.7	7:34	1.2	8:31	1.2	6:31	5:00	
5	Sun	2:47	3.0	3:13	3.7	8:31	1.2	9:21	1.1	6:32	4:59	
6	Mon	3:45	3.2	4:07	3.8	9:28	1.1	10:08	0.9	6:33	4:58	
7	Tue	4:36	3.5	4:56	3.9	10:23	0.9	10:54	0.7	6:34	4:57	
8	Wed	5:23	3.9	5:42	4.0	11:16	0.6	11:37	0.4	6:35	4:56	
9	Thu	6:08	4.3	6:26	4.1			12:05	0.4	6:36	4:55	
10	Fri	6:51	4.6	7:10	4.1	12:20	0.1	12:53	0.1	6:37	4:55	
11	Sat	7:36	4.9	7:56	4.1	1:02	-0.1	1:41	-0.1	6:38	4:54	
12	Sun	8:22	5.1	8:42	4.1	1:45	-0.3	2:28	-0.3	6:39	4:53	
13	Mon	9:09	5.2	9:30	3.9	2:30	-0.4	3:18	-0.3	6:40	4:52	
14	Tue	9:58	5.2	10:20	3.8	3:16	-0.4	4:09	-0.2	6:41	4:51	
15	Wed	10:50	5.1	11:13	3.6	4:07	-0.3	5:05	-0.1	6:42	4:51	
16	Thu	11:44	4.9			5:02	-0.1	6:03	0.1	6:43	4:50	
17	Fri	12:10	3.4	12:42	4.6	6:02	0.1	7:04	0.2	6:45	4:49	
18	Sat	1:12	3.3	1:45	4.3	7:06	0.2	8:05	0.2	6:46	4:49	
19	Sun	2:20	3.3	2:50	4.1	8:13	0.3	9:05	0.2	6:47	4:48	
20	Mon	3:30	3.5	3:54	3.9	9:21	0.3	10:02	0.1	6:48	4:48	
21	Tue	4:33	3.7	4:53	3.8	10:27	0.2	10:54	-0.1	6:49	4:47	
22	Wed	5:27	4.0	5:44	3.7	11:28	0.1	11:42	-0.2	6:50	4:47	
23	Thu	6:15	4.2	6:30	3.6			12:22	0.0	6:51	4:46	
24	Fri	6:59	4.4	7:14	3.5	12:25	-0.3	1:10	-0.1	6:52	4:46	
25	Sat	7:41	4.5	7:57	3.5	1:06	-0.3	1:53	-0.1	6:53	4:45	
26	Sun	8:22	4.5	8:38	3.4	1:46	-0.3	2:34	-0.1	6:54	4:45	
27	Mon	9:03	4.5	9:20	3.3	2:24	-0.2	3:15	0.0	6:55	4:45	
28	Tue	9:45	4.4	10:02	3.2	3:03	0.0	3:56	0.2	6:56	4:44	
29	Wed	10:27	4.2	10:45	3.1	3:44	0.2	4:38	0.4	6:57	4:44	
30	Thu	11:10	4.1	11:29	3.0	4:26	0.4	5:22	0.6	6:58	4:44	