US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Dec 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**11:54**	3.9			**5:12**	0.6	**6:09**	0.7	6:59	4:44	
2	Sat	**12:16**	2.9	**12:41**	3.7	**6:01**	0.8	**6:56**	0.8	7:00	4:43	
3	Sun	**1:08**	2.9	**1:31**	3.6	**6:54**	0.9	**7:44**	0.8	7:01	4:43	
4	Mon	**2:03**	3.0	**2:24**	3.5	**7:50**	1.0	**8:32**	0.7	7:01	4:43	
5	Tue	**3:00**	3.2	**3:18**	3.5	**8:47**	0.9	**9:20**	0.6	7:02	4:43	
6	Wed	**3:54**	3.5	**4:11**	3.5	**9:45**	0.8	**10:08**	0.3	7:03	4:43	
7	Thu	**4:46**	3.8	**5:02**	3.6	**10:41**	0.5	**10:56**	0.1	7:04	4:43	
8	Fri	**5:34**	4.2	**5:51**	3.7	**11:36**	0.2	**11:44**	-0.2	7:05	4:43	
9	Sat	**6:23**	4.6	**6:40**	3.7			**12:29**	-0.1	7:06	4:43	
10	Sun	**7:11**	4.9	**7:30**	3.8	**12:32**	-0.5	**1:21**	-0.4	7:06	4:43	
11	Mon	**8:01**	5.1	**8:20**	3.8	**1:20**	-0.8	**2:11**	-0.6	7:07	4:44	
12	Tue	**8:51**	5.2	**9:12**	3.7	**2:09**	-0.9	**3:02**	-0.6	7:08	4:44	
13	Wed	**9:43**	5.2	**10:04**	3.6	**2:59**	-0.9	**3:55**	-0.6	7:09	4:44	
14	Thu	**10:36**	5.0	**10:58**	3.5	**3:52**	-0.8	**4:49**	-0.5	7:09	4:44	
15	Fri	**11:29**	4.7	**11:55**	3.4	**4:48**	-0.6	**5:45**	-0.4	7:10	4:45	
16	Sat			**12:25**	4.4	**5:48**	-0.4	**6:43**	-0.3	7:11	4:45	
17	Sun	**12:55**	3.4	**1:23**	4.0	**6:51**	-0.1	**7:40**	-0.2	7:11	4:45	
18	Mon	**2:00**	3.3	**2:25**	3.7	**7:57**	0.0	**8:37**	-0.2	7:12	4:46	
19	Tue	**3:08**	3.4	**3:27**	3.4	**9:04**	0.2	**9:31**	-0.2	7:12	4:46	
20	Wed	**4:12**	3.6	**4:26**	3.2	**10:11**	0.2	**10:24**	-0.2	7:13	4:47	
21	Thu	**5:07**	3.7	**5:19**	3.1	**11:13**	0.1	**11:13**	-0.2	7:14	4:47	
22	Fri	**5:56**	3.9	**6:07**	3.0			**12:08**	0.1	7:14	4:48	
23	Sat	**6:39**	4.0	**6:51**	3.0			**12:55**	0.0	7:14	4:48	
24	Sun	**7:21**	4.1	**7:33**	3.0	**12:41**	-0.3	**1:37**	-0.1	7:15	4:49	
25	Mon	**8:02**	4.2	**8:14**	3.0	**1:21**	-0.3	**2:15**	-0.1	7:15	4:49	
26	Tue	**8:42**	4.2	**8:56**	3.0	**2:01**	-0.3	**2:53**	0.0	7:16	4:50	
27	Wed	**9:23**	4.2	**9:37**	3.0	**2:40**	-0.2	**3:31**	0.1	7:16	4:51	
28	Thu	**10:03**	4.1	**10:19**	3.0	**3:19**	-0.1	**4:10**	0.2	7:16	4:51	
29	Fri	**10:43**	4.0	**11:01**	3.0	**4:00**	0.0	**4:50**	0.3	7:16	4:52	
30	Sat	**11:24**	3.8	**11:44**	2.9	**4:43**	0.2	**5:32**	0.4	7:17	4:53	
31	Sun			**12:06**	3.7	**5:28**	0.4	**6:15**	0.4	7:17	4:53	