

Metompkin Inlet, VA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:29	2.9	12:50	3.5	6:18	0.6	7:00	0.5	7:17	4:54	
2	Tue	1:20	3.0	1:39	3.3	7:12	0.7	7:46	0.4	7:17	4:55	
3	Wed	2:14	3.2	2:32	3.2	8:09	0.7	8:34	0.3	7:17	4:56	
4	Thu	3:12	3.4	3:29	3.1	9:09	0.6	9:25	0.1	7:17	4:57	
5	Fri	4:08	3.8	4:26	3.2	10:11	0.4	10:18	-0.1	7:17	4:58	
6	Sat	5:03	4.1	5:21	3.2	11:11	0.1	11:12	-0.4	7:17	4:58	
7	Sun	5:57	4.5	6:15	3.3			12:09	-0.2	7:17	4:59	
8	Mon	6:51	4.8	7:09	3.4	12:06	-0.7	1:04	-0.5	7:17	5:00	
9	Tue	7:44	5.0	8:02	3.5	12:59	-1.0	1:56	-0.8	7:17	5:01	
10	Wed	8:37	5.1	8:56	3.6	1:52	-1.2	2:48	-0.9	7:17	5:02	
11	Thu	9:29	5.1	9:49	3.6	2:45	-1.3	3:39	-0.9	7:17	5:03	
12	Fri	10:21	4.9	10:43	3.6	3:38	-1.2	4:31	-0.9	7:17	5:04	
13	Sat	11:12	4.6	11:37	3.6	4:34	-1.0	5:23	-0.8	7:16	5:05	
14	Sun			12:04	4.2	5:32	-0.7	6:16	-0.6	7:16	5:06	
15	Mon	12:34	3.5	12:58	3.7	6:33	-0.4	7:09	-0.5	7:16	5:07	
16	Tue	1:34	3.4	1:54	3.3	7:36	-0.1	8:02	-0.3	7:15	5:08	
17	Wed	2:37	3.4	2:54	3.0	8:41	0.1	8:56	-0.2	7:15	5:09	
18	Thu	3:41	3.4	3:54	2.7	9:48	0.3	9:49	-0.1	7:14	5:10	
19	Fri	4:40	3.5	4:51	2.6	10:53	0.3	10:41	-0.1	7:14	5:11	
20	Sat	5:32	3.6	5:41	2.6	11:51	0.3	11:31	-0.1	7:14	5:13	
21	Sun	6:18	3.7	6:26	2.7			12:38	0.2	7:13	5:14	
22	Mon	7:01	3.8	7:09	2.8	12:16	-0.2	1:18	0.1	7:12	5:15	
23	Tue	7:42	3.9	7:51	2.9	12:59	-0.3	1:55	0.1	7:12	5:16	
24	Wed	8:22	4.0	8:32	3.0	1:39	-0.3	2:30	0.0	7:11	5:17	
25	Thu	9:01	4.0	9:12	3.0	2:18	-0.4	3:05	0.0	7:11	5:18	
26	Fri	9:40	4.0	9:52	3.1	2:57	-0.3	3:41	0.1	7:10	5:19	
27	Sat	10:18	3.9	10:32	3.1	3:36	-0.2	4:18	0.1	7:09	5:20	
28	Sun	10:56	3.8	11:13	3.2	4:17	0.0	4:56	0.2	7:09	5:21	
29	Mon	11:34	3.6	11:55	3.2	5:01	0.1	5:35	0.2	7:08	5:22	
30	Tue			12:14	3.4	5:48	0.3	6:17	0.3	7:07	5:24	
31	Wed	12:41	3.3	12:59	3.2	6:40	0.4	7:03	0.3	7:06	5:25	