

Metompkin Inlet, VA - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:09	3.7	12:30	3.2	6:16	0.3	6:27	0.2	6:33	5:56	
2	Fri	1:01	3.8	1:22	3.0	7:14	0.4	7:21	0.2	6:31	5:57	
3	Sat	2:01	3.8	2:24	2.9	8:16	0.5	8:20	0.2	6:30	5:58	
4	Sun	3:07	3.9	3:31	2.9	9:21	0.4	9:24	0.0	6:28	5:59	
5	Mon	4:14	4.1	4:36	3.1	10:27	0.2	10:29	-0.3	6:27	6:00	
6	Tue	5:17	4.4	5:37	3.3	11:29	-0.1	11:32	-0.6	6:26	6:01	
7	Wed	6:15	4.6	6:34	3.6			12:26	-0.4	6:24	6:02	
8	Thu	7:10	4.7	7:28	3.9	12:31	-1.0	1:17	-0.7	6:23	6:02	
9	Fri	8:02	4.7	8:20	4.2	1:26	-1.2	2:05	-0.9	6:21	6:03	
10	Sat	8:51	4.6	9:11	4.3	2:18	-1.3	2:51	-1.0	6:20	6:04	
11	Sun	9:39	4.4	9:59	4.3	3:10	-1.2	3:35	-0.9	6:18	6:05	
12	Mon	10:26	4.1	10:48	4.3	4:01	-1.0	4:21	-0.7	6:17	6:06	
13	Tue	11:12	3.7	11:36	4.1	4:53	-0.7	5:07	-0.5	6:15	6:07	
14	Wed	11:58	3.3			5:46	-0.3	5:54	-0.1	6:14	6:08	
15	Thu	12:26	3.9	12:47	3.0	6:42	0.1	6:45	0.2	6:12	6:09	
16	Fri	1:19	3.6	1:42	2.7	7:40	0.5	7:38	0.4	6:11	6:10	
17	Sat	2:19	3.4	2:42	2.6	8:41	0.7	8:35	0.6	6:09	6:11	
18	Sun	3:24	3.3	3:45	2.6	9:43	0.8	9:34	0.6	6:08	6:12	
19	Mon	4:26	3.4	4:43	2.7	10:43	0.8	10:31	0.5	6:06	6:13	
20	Tue	5:20	3.5	5:33	2.9	11:32	0.7	11:24	0.4	6:05	6:14	
21	Wed	6:06	3.6	6:17	3.1			12:13	0.6	6:03	6:15	
22	Thu	6:48	3.8	6:58	3.4	12:10	0.2	12:49	0.4	6:02	6:16	
23	Fri	7:27	3.9	7:39	3.6	12:53	0.0	1:24	0.3	6:00	6:17	
24	Sat	8:05	4.0	8:18	3.9	1:33	-0.1	1:58	0.1	5:59	6:17	
25	Sun	8:43	4.0	8:57	4.0	2:13	-0.2	2:33	0.0	5:57	6:18	
26	Mon	9:21	3.9	9:37	4.2	2:53	-0.2	3:09	0.0	5:56	6:19	
27	Tue	10:00	3.8	10:17	4.2	3:35	-0.2	3:46	0.1	5:54	6:20	
28	Wed	10:40	3.7	10:59	4.3	4:19	-0.1	4:26	0.1	5:53	6:21	
29	Thu	11:22	3.5	11:46	4.2	5:07	0.1	5:11	0.2	5:51	6:22	
30	Fri			12:09	3.3	6:00	0.3	6:01	0.3	5:50	6:23	
31	Sat	12:39	4.2	1:04	3.1	6:58	0.4	6:59	0.3	5:48	6:24	