

Metompkin Inlet, VA - Jun 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:16	3.7	5:54	4.0	11:17	-0.1	11:56	0.1	5:42	8:18	
2	Sat	6:12	3.6	6:46	4.3			12:08	-0.2	5:41	8:18	
3	Sun	7:04	3.5	7:34	4.5	12:55	0.0	12:56	-0.3	5:41	8:19	
4	Mon	7:52	3.4	8:19	4.6	1:48	-0.1	1:42	-0.3	5:41	8:20	
5	Tue	8:38	3.4	9:03	4.6	2:36	-0.2	2:25	-0.3	5:40	8:20	
6	Wed	9:23	3.3	9:47	4.6	3:20	-0.2	3:07	-0.2	5:40	8:21	
7	Thu	10:07	3.2	10:30	4.5	4:03	-0.1	3:49	-0.1	5:40	8:21	
8	Fri	10:50	3.2	11:13	4.3	4:45	0.1	4:31	0.1	5:40	8:22	
9	Sat	11:34	3.1	11:56	4.2	5:27	0.3	5:14	0.3	5:40	8:23	
10	Sun			12:18	3.0	6:11	0.5	6:00	0.5	5:40	8:23	
11	Mon	12:40	4.0	1:04	3.0	6:56	0.6	6:49	0.8	5:40	8:24	
12	Tue	1:26	3.8	1:53	3.0	7:41	0.8	7:41	0.9	5:40	8:24	
13	Wed	2:14	3.6	2:45	3.1	8:26	0.8	8:34	1.0	5:40	8:24	
14	Thu	3:04	3.5	3:40	3.2	9:11	0.8	9:30	1.0	5:40	8:25	
15	Fri	3:57	3.4	4:33	3.5	9:56	0.7	10:26	1.0	5:40	8:25	
16	Sat	4:49	3.4	5:24	3.8	10:43	0.6	11:22	0.8	5:40	8:26	
17	Sun	5:41	3.4	6:13	4.2	11:30	0.4			5:40	8:26	
18	Mon	6:30	3.4	7:01	4.5	12:17	0.5	12:18	0.2	5:40	8:26	
19	Tue	7:19	3.5	7:49	4.8	1:10	0.3	1:07	0.0	5:40	8:26	
20	Wed	8:08	3.6	8:37	5.1	2:01	0.0	1:55	-0.3	5:40	8:27	
21	Thu	8:59	3.6	9:27	5.2	2:51	-0.2	2:44	-0.4	5:41	8:27	
22	Fri	9:50	3.7	10:18	5.2	3:40	-0.3	3:34	-0.5	5:41	8:27	
23	Sat	10:42	3.7	11:10	5.2	4:31	-0.4	4:26	-0.5	5:41	8:27	
24	Sun	11:35	3.7			5:23	-0.4	5:21	-0.4	5:41	8:27	
25	Mon	12:02	5.0	12:29	3.7	6:17	-0.3	6:19	-0.2	5:42	8:27	
26	Tue	12:56	4.7	1:27	3.7	7:12	-0.2	7:21	0.0	5:42	8:28	
27	Wed	1:51	4.3	2:27	3.7	8:07	-0.2	8:25	0.2	5:42	8:28	
28	Thu	2:49	4.0	3:31	3.8	9:01	-0.1	9:31	0.3	5:43	8:28	
29	Fri	3:50	3.6	4:35	3.9	9:55	0.0	10:37	0.3	5:43	8:28	
30	Sat	4:51	3.4	5:34	4.1	10:48	0.0	11:42	0.3	5:44	8:28	