

Metompkin Inlet, VA - Aug 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:09	3.0	7:42	4.3	1:20	0.5	12:56	0.3	6:06	8:10	
2	Thu	7:54	3.1	8:24	4.3	2:04	0.5	1:42	0.2	6:07	8:10	
3	Fri	8:36	3.2	9:05	4.4	2:41	0.4	2:24	0.2	6:08	8:08	
4	Sat	9:17	3.3	9:44	4.4	3:17	0.4	3:04	0.1	6:08	8:07	
5	Sun	9:58	3.5	10:23	4.4	3:51	0.4	3:43	0.2	6:09	8:06	
6	Mon	10:39	3.5	11:02	4.3	4:26	0.4	4:23	0.3	6:10	8:05	
7	Tue	11:19	3.6	11:40	4.1	5:02	0.5	5:04	0.5	6:11	8:04	
8	Wed	11:59	3.6			5:38	0.6	5:47	0.7	6:12	8:03	
9	Thu	12:18	4.0	12:41	3.7	6:16	0.7	6:33	0.8	6:13	8:02	
10	Fri	12:57	3.8	1:24	3.7	6:57	0.8	7:23	1.0	6:14	8:01	
11	Sat	1:40	3.5	2:13	3.8	7:40	0.8	8:17	1.1	6:14	8:00	
12	Sun	2:29	3.4	3:08	4.0	8:28	0.8	9:16	1.1	6:15	7:58	
13	Mon	3:25	3.3	4:07	4.2	9:20	0.7	10:17	1.0	6:16	7:57	
14	Tue	4:27	3.3	5:08	4.4	10:17	0.5	11:19	0.8	6:17	7:56	
15	Wed	5:28	3.3	6:07	4.7	11:16	0.3			6:18	7:55	
16	Thu	6:26	3.5	7:03	5.0	12:20	0.5	12:16	0.0	6:19	7:53	
17	Fri	7:23	3.8	7:58	5.2	1:17	0.2	1:14	-0.4	6:20	7:52	
18	Sat	8:17	4.0	8:51	5.4	2:10	-0.2	2:10	-0.6	6:20	7:51	
19	Sun	9:11	4.3	9:42	5.3	3:00	-0.4	3:04	-0.8	6:21	7:50	
20	Mon	10:04	4.4	10:33	5.2	3:48	-0.6	3:58	-0.8	6:22	7:48	
21	Tue	10:56	4.6	11:23	4.9	4:36	-0.6	4:52	-0.7	6:23	7:47	
22	Wed	11:48	4.6			5:24	-0.5	5:48	-0.4	6:24	7:46	
23	Thu	12:12	4.5	12:41	4.5	6:14	-0.3	6:46	0.0	6:25	7:44	
24	Fri	1:03	4.0	1:36	4.4	7:05	-0.1	7:47	0.3	6:26	7:43	
25	Sat	1:56	3.6	2:34	4.2	7:57	0.2	8:51	0.6	6:26	7:41	
26	Sun	2:54	3.2	3:37	4.1	8:52	0.4	9:57	0.8	6:27	7:40	
27	Mon	3:57	3.0	4:43	4.0	9:49	0.6	11:05	0.9	6:28	7:39	
28	Tue	5:02	2.9	5:43	4.0	10:47	0.7			6:29	7:37	
29	Wed	6:00	3.0	6:35	4.1	12:07	0.9	11:44 AM	0.7	6:30	7:36	
30	Thu	6:48	3.1	7:20	4.2	12:57	0.9	12:35	0.6	6:31	7:34	
31	Fri	7:31	3.3	8:01	4.3	1:38	0.8	1:21	0.5	6:31	7:33	