

Metompkin Inlet, VA - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:55	4.6	7:11	3.1	12:09	-0.8	1:13	-0.5	7:17	4:54	
2	Thu	7:47	4.7	8:02	3.1	1:01	-0.9	2:04	-0.5	7:17	4:55	
3	Fri	8:37	4.6	8:52	3.1	1:51	-0.9	2:52	-0.5	7:17	4:55	
4	Sat	9:25	4.5	9:40	3.1	2:39	-0.8	3:38	-0.4	7:17	4:56	
5	Sun	10:11	4.3	10:27	3.0	3:26	-0.7	4:24	-0.2	7:17	4:57	
6	Mon	10:56	4.1	11:13	3.0	4:14	-0.4	5:08	-0.1	7:17	4:58	
7	Tue	11:40	3.8			5:02	-0.1	5:53	0.1	7:17	4:59	
8	Wed	12:00	2.9	12:24	3.5	5:53	0.1	6:36	0.3	7:17	5:00	
9	Thu	12:49	2.9	1:10	3.2	6:46	0.4	7:19	0.4	7:17	5:01	
10	Fri	1:41	2.9	1:59	2.9	7:40	0.6	8:03	0.5	7:17	5:02	
11	Sat	2:37	3.0	2:52	2.7	8:36	0.8	8:48	0.5	7:17	5:03	
12	Sun	3:32	3.2	3:46	2.6	9:34	0.8	9:35	0.4	7:17	5:04	
13	Mon	4:26	3.4	4:39	2.6	10:31	0.7	10:23	0.3	7:16	5:05	
14	Tue	5:15	3.6	5:28	2.7	11:25	0.6	11:12	0.2	7:16	5:06	
15	Wed	6:03	3.9	6:15	2.8			12:14	0.4	7:16	5:07	
16	Thu	6:49	4.1	7:01	2.9	12:00	0.0	1:00	0.2	7:15	5:08	
17	Fri	7:34	4.3	7:47	3.1	12:47	-0.3	1:44	0.0	7:15	5:09	
18	Sat	8:19	4.5	8:33	3.2	1:32	-0.5	2:27	-0.2	7:15	5:10	
19	Sun	9:04	4.6	9:19	3.3	2:18	-0.6	3:10	-0.3	7:14	5:11	
20	Mon	9:49	4.6	10:06	3.4	3:04	-0.7	3:55	-0.4	7:14	5:12	
21	Tue	10:34	4.5	10:54	3.5	3:53	-0.7	4:40	-0.4	7:13	5:13	
22	Wed	11:20	4.3	11:45	3.6	4:45	-0.6	5:27	-0.4	7:13	5:14	
23	Thu			12:08	3.9	5:41	-0.4	6:16	-0.4	7:12	5:15	
24	Fri	12:39	3.6	1:00	3.6	6:41	-0.2	7:07	-0.4	7:12	5:16	
25	Sat	1:38	3.7	1:57	3.2	7:45	0.0	8:01	-0.3	7:11	5:17	
26	Sun	2:41	3.8	3:00	2.9	8:51	0.1	8:58	-0.3	7:10	5:19	
27	Mon	3:47	3.9	4:05	2.8	10:00	0.1	9:57	-0.4	7:10	5:20	
28	Tue	4:51	4.0	5:07	2.7	11:09	0.0	10:57	-0.5	7:09	5:21	
29	Wed	5:51	4.1	6:05	2.8			12:11	-0.1	7:08	5:22	
30	Thu	6:45	4.2	6:58	2.9			1:04	-0.2	7:07	5:23	
31	Fri	7:36	4.3	7:47	3.0	12:49	-0.7	1:51	-0.3	7:07	5:24	