

Metompkin Inlet, VA - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:25	3.3	10:50	4.6	4:16	0.4	4:03	0.2	5:44	8:28	
2	Wed	11:09	3.3	11:33	4.6	4:59	0.3	4:48	0.2	5:44	8:27	
3	Thu	11:54	3.4			5:43	0.3	5:36	0.3	5:45	8:27	
4	Fri	12:17	4.4	12:42	3.5	6:28	0.3	6:29	0.4	5:45	8:27	
5	Sat	1:03	4.3	1:33	3.6	7:16	0.3	7:27	0.5	5:46	8:27	
6	Sun	1:52	4.0	2:29	3.8	8:04	0.2	8:28	0.5	5:46	8:27	
7	Mon	2:47	3.8	3:28	4.0	8:55	0.1	9:32	0.5	5:47	8:27	
8	Tue	3:46	3.6	4:30	4.3	9:47	0.0	10:37	0.4	5:48	8:26	
9	Wed	4:48	3.4	5:30	4.5	10:42	-0.1	11:43	0.2	5:48	8:26	
10	Thu	5:48	3.3	6:28	4.8	11:39	-0.2			5:49	8:26	
11	Fri	6:46	3.3	7:24	5.0	12:46	0.1	12:36	-0.4	5:49	8:25	
12	Sat	7:42	3.3	8:18	5.0	1:44	-0.1	1:31	-0.5	5:50	8:25	
13	Sun	8:37	3.4	9:11	5.0	2:38	-0.2	2:25	-0.6	5:51	8:24	
14	Mon	9:29	3.4	10:02	4.9	3:28	-0.3	3:16	-0.6	5:51	8:24	
15	Tue	10:20	3.5	10:51	4.8	4:16	-0.2	4:07	-0.5	5:52	8:24	
16	Wed	11:10	3.5	11:37	4.5	5:03	-0.1	4:57	-0.3	5:53	8:23	
17	Thu	11:58	3.5			5:49	0.0	5:47	0.0	5:54	8:22	
18	Fri	12:22	4.2	12:46	3.4	6:34	0.2	6:39	0.3	5:54	8:22	
19	Sat	1:06	3.9	1:34	3.4	7:17	0.4	7:33	0.6	5:55	8:21	
20	Sun	1:52	3.5	2:25	3.4	8:01	0.6	8:28	0.9	5:56	8:21	
21	Mon	2:40	3.2	3:18	3.5	8:44	0.7	9:24	1.0	5:57	8:20	
22	Tue	3:32	3.0	4:13	3.6	9:28	0.8	10:21	1.1	5:57	8:19	
23	Wed	4:27	2.9	5:07	3.7	10:15	0.8	11:18	1.1	5:58	8:19	
24	Thu	5:21	2.9	5:58	3.9	11:04	0.8			5:59	8:18	
25	Fri	6:12	2.9	6:46	4.1	12:12	1.0	11:53 AM	0.7	6:00	8:17	
26	Sat	7:00	3.0	7:32	4.3	1:02	0.9	12:42	0.5	6:01	8:16	
27	Sun	7:46	3.2	8:17	4.5	1:46	0.7	1:30	0.4	6:01	8:15	
28	Mon	8:32	3.3	9:01	4.7	2:29	0.6	2:15	0.2	6:02	8:15	
29	Tue	9:16	3.5	9:44	4.8	3:10	0.4	2:59	0.0	6:03	8:14	
30	Wed	10:01	3.6	10:27	4.8	3:51	0.2	3:44	0.0	6:04	8:13	
31	Thu	10:46	3.8	11:10	4.7	4:32	0.1	4:31	0.0	6:05	8:12	