

Metompkin Inlet, VA - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:32	3.9	11:54	4.6	5:15	0.1	5:20	0.0	6:05	8:11	
2	Sat			12:20	4.0	5:59	0.1	6:14	0.2	6:06	8:10	
3	Sun	12:40	4.3	1:10	4.1	6:45	0.1	7:12	0.3	6:07	8:09	
4	Mon	1:29	4.0	2:05	4.2	7:34	0.1	8:13	0.5	6:08	8:08	
5	Tue	2:23	3.6	3:05	4.3	8:26	0.1	9:18	0.6	6:09	8:07	
6	Wed	3:24	3.4	4:10	4.4	9:22	0.2	10:25	0.6	6:10	8:06	
7	Thu	4:29	3.2	5:14	4.5	10:21	0.1	11:32	0.5	6:11	8:05	
8	Fri	5:33	3.1	6:16	4.7	11:22	0.0			6:11	8:04	
9	Sat	6:34	3.2	7:14	4.8	12:37	0.4	12:22	-0.1	6:12	8:03	
10	Sun	7:30	3.3	8:07	4.8	1:34	0.2	1:20	-0.2	6:13	8:01	
11	Mon	8:23	3.5	8:57	4.8	2:25	0.1	2:13	-0.3	6:14	8:00	
12	Tue	9:12	3.6	9:43	4.7	3:10	0.0	3:02	-0.4	6:15	7:59	
13	Wed	9:59	3.7	10:27	4.6	3:52	0.0	3:49	-0.3	6:16	7:58	
14	Thu	10:44	3.8	11:08	4.4	4:32	0.0	4:35	-0.1	6:17	7:57	
15	Fri	11:27	3.8	11:49	4.1	5:11	0.2	5:20	0.2	6:17	7:55	
16	Sat			12:10	3.8	5:50	0.3	6:07	0.5	6:18	7:54	
17	Sun	12:29	3.8	12:54	3.8	6:29	0.5	6:56	0.8	6:19	7:53	
18	Mon	1:11	3.5	1:40	3.7	7:09	0.7	7:47	1.0	6:20	7:52	
19	Tue	1:56	3.2	2:30	3.7	7:52	0.9	8:41	1.2	6:21	7:50	
20	Wed	2:46	3.0	3:25	3.7	8:39	1.1	9:37	1.4	6:22	7:49	
21	Thu	3:43	2.9	4:24	3.8	9:30	1.1	10:36	1.4	6:23	7:48	
22	Fri	4:42	2.9	5:22	3.9	10:24	1.1	11:33	1.3	6:23	7:46	
23	Sat	5:38	3.0	6:15	4.2	11:19	0.9			6:24	7:45	
24	Sun	6:30	3.2	7:04	4.4	12:27	1.1	12:13	0.7	6:25	7:43	
25	Mon	7:18	3.4	7:50	4.6	1:14	0.9	1:04	0.4	6:26	7:42	
26	Tue	8:04	3.7	8:34	4.8	1:58	0.6	1:52	0.1	6:27	7:41	
27	Wed	8:50	3.9	9:18	4.9	2:39	0.3	2:39	-0.1	6:28	7:39	
28	Thu	9:36	4.2	10:02	4.9	3:20	0.1	3:26	-0.2	6:28	7:38	
29	Fri	10:22	4.4	10:46	4.8	4:01	-0.1	4:14	-0.2	6:29	7:36	
30	Sat	11:09	4.6	11:31	4.6	4:44	-0.1	5:05	-0.1	6:30	7:35	
31	Sun	11:57	4.7			5:28	-0.1	5:59	0.0	6:31	7:33	