

## Metompkin Inlet, VA - Sep 2003

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Mon | 12:18 | 4.2 | 12:48 | 4.7 | 6:15  | 0.0  | 6:57  | 0.3  | 6:32                                                                                | 7:32 |    |
| 2    | Tue | 1:08  | 3.9 | 1:44  | 4.6 | 7:06  | 0.1  | 8:00  | 0.5  | 6:33                                                                                | 7:31 |    |
| 3    | Wed | 2:04  | 3.5 | 2:46  | 4.5 | 8:02  | 0.3  | 9:06  | 0.7  | 6:34                                                                                | 7:29 |    |
| 4    | Thu | 3:07  | 3.2 | 3:54  | 4.4 | 9:02  | 0.4  | 10:15 | 0.8  | 6:34                                                                                | 7:28 |    |
| 5    | Fri | 4:16  | 3.1 | 5:03  | 4.4 | 10:06 | 0.4  | 11:25 | 0.7  | 6:35                                                                                | 7:26 |    |
| 6    | Sat | 5:26  | 3.1 | 6:08  | 4.5 | 11:12 | 0.4  |       |      | 6:36                                                                                | 7:25 |    |
| 7    | Sun | 6:27  | 3.3 | 7:05  | 4.6 | 12:28 | 0.6  | 12:14 | 0.2  | 6:37                                                                                | 7:23 |    |
| 8    | Mon | 7:21  | 3.5 | 7:54  | 4.6 | 1:21  | 0.4  | 1:11  | 0.1  | 6:38                                                                                | 7:21 |    |
| 9    | Tue | 8:09  | 3.7 | 8:38  | 4.6 | 2:06  | 0.3  | 2:02  | 0.0  | 6:39                                                                                | 7:20 |    |
| 10   | Wed | 8:53  | 3.9 | 9:19  | 4.5 | 2:45  | 0.2  | 2:47  | -0.1 | 6:39                                                                                | 7:18 |    |
| 11   | Thu | 9:34  | 4.0 | 9:58  | 4.4 | 3:21  | 0.2  | 3:30  | 0.0  | 6:40                                                                                | 7:17 |    |
| 12   | Fri | 10:15 | 4.1 | 10:37 | 4.2 | 3:56  | 0.2  | 4:11  | 0.1  | 6:41                                                                                | 7:15 |   |
| 13   | Sat | 10:55 | 4.2 | 11:15 | 3.9 | 4:30  | 0.3  | 4:53  | 0.3  | 6:42                                                                                | 7:14 |  |
| 14   | Sun | 11:35 | 4.2 | 11:54 | 3.7 | 5:05  | 0.5  | 5:36  | 0.6  | 6:43                                                                                | 7:12 |  |
| 15   | Mon |       |     | 12:16 | 4.1 | 5:42  | 0.7  | 6:21  | 0.9  | 6:44                                                                                | 7:11 |  |
| 16   | Tue | 12:34 | 3.4 | 12:59 | 4.0 | 6:21  | 0.9  | 7:09  | 1.2  | 6:44                                                                                | 7:09 |  |
| 17   | Wed | 1:17  | 3.2 | 1:47  | 3.9 | 7:05  | 1.1  | 8:02  | 1.4  | 6:45                                                                                | 7:08 |  |
| 18   | Thu | 2:06  | 3.0 | 2:41  | 3.8 | 7:54  | 1.3  | 8:58  | 1.5  | 6:46                                                                                | 7:06 |  |
| 19   | Fri | 3:02  | 2.9 | 3:42  | 3.9 | 8:49  | 1.3  | 9:56  | 1.5  | 6:47                                                                                | 7:04 |  |
| 20   | Sat | 4:04  | 2.9 | 4:44  | 4.0 | 9:47  | 1.3  | 10:55 | 1.4  | 6:48                                                                                | 7:03 |  |
| 21   | Sun | 5:05  | 3.1 | 5:40  | 4.2 | 10:46 | 1.1  | 11:49 | 1.2  | 6:49                                                                                | 7:01 |  |
| 22   | Mon | 6:00  | 3.4 | 6:31  | 4.5 | 11:43 | 0.8  |       |      | 6:49                                                                                | 7:00 |  |
| 23   | Tue | 6:49  | 3.7 | 7:18  | 4.7 | 12:38 | 0.9  | 12:38 | 0.5  | 6:50                                                                                | 6:58 |  |
| 24   | Wed | 7:37  | 4.1 | 8:04  | 4.9 | 1:23  | 0.5  | 1:29  | 0.1  | 6:51                                                                                | 6:57 |  |
| 25   | Thu | 8:23  | 4.5 | 8:49  | 4.9 | 2:05  | 0.2  | 2:19  | -0.2 | 6:52                                                                                | 6:55 |  |
| 26   | Fri | 9:10  | 4.8 | 9:35  | 4.8 | 2:47  | -0.1 | 3:08  | -0.3 | 6:53                                                                                | 6:54 |  |
| 27   | Sat | 9:57  | 5.1 | 10:21 | 4.7 | 3:30  | -0.3 | 3:58  | -0.4 | 6:54                                                                                | 6:52 |  |
| 28   | Sun | 10:46 | 5.2 | 11:08 | 4.4 | 4:13  | -0.3 | 4:50  | -0.3 | 6:55                                                                                | 6:51 |  |
| 29   | Mon | 11:36 | 5.2 | 11:58 | 4.0 | 4:59  | -0.2 | 5:45  | -0.1 | 6:55                                                                                | 6:49 |  |
| 30   | Tue |       |     | 12:28 | 5.1 | 5:48  | -0.1 | 6:44  | 0.2  | 6:56                                                                                | 6:47 |  |