

Metompkin Inlet, VA - Oct 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:50	3.7	1:25	4.8	6:42	0.2	7:47	0.5	6:57	6:46	
2	Thu	1:48	3.4	2:28	4.6	7:42	0.4	8:55	0.7	6:58	6:44	
3	Fri	2:54	3.1	3:39	4.4	8:47	0.6	10:05	0.8	6:59	6:43	
4	Sat	4:08	3.1	4:51	4.3	9:55	0.6	11:12	0.8	7:00	6:41	
5	Sun	5:20	3.2	5:56	4.3	11:03	0.6			7:01	6:40	
6	Mon	6:20	3.4	6:49	4.3	12:11	0.7	12:06	0.5	7:02	6:38	
7	Tue	7:09	3.7	7:33	4.3	12:59	0.5	1:00	0.3	7:03	6:37	
8	Wed	7:51	3.9	8:13	4.2	1:38	0.4	1:48	0.2	7:03	6:35	
9	Thu	8:30	4.1	8:50	4.1	2:13	0.3	2:30	0.2	7:04	6:34	
10	Fri	9:08	4.3	9:27	4.0	2:46	0.3	3:10	0.2	7:05	6:33	
11	Sat	9:46	4.4	10:05	3.9	3:19	0.3	3:49	0.3	7:06	6:31	
12	Sun	10:24	4.4	10:43	3.7	3:52	0.4	4:27	0.4	7:07	6:30	
13	Mon	11:03	4.4	11:22	3.5	4:26	0.6	5:08	0.6	7:08	6:28	
14	Tue	11:43	4.3			5:02	0.7	5:50	0.9	7:09	6:27	
15	Wed	12:02	3.3	12:25	4.2	5:41	1.0	6:37	1.1	7:10	6:25	
16	Thu	12:44	3.1	1:11	4.1	6:25	1.1	7:28	1.3	7:11	6:24	
17	Fri	1:31	3.0	2:03	4.0	7:16	1.3	8:23	1.4	7:12	6:23	
18	Sat	2:26	2.9	3:02	3.9	8:12	1.3	9:20	1.4	7:13	6:21	
19	Sun	3:28	3.0	4:04	4.0	9:13	1.2	10:16	1.3	7:14	6:20	
20	Mon	4:31	3.2	5:02	4.2	10:14	1.1	11:09	1.0	7:15	6:19	
21	Tue	5:28	3.5	5:55	4.3	11:14	0.8	11:58	0.6	7:16	6:17	
22	Wed	6:20	4.0	6:45	4.5			12:12	0.4	7:17	6:16	
23	Thu	7:09	4.4	7:33	4.6	12:45	0.3	1:07	0.0	7:18	6:15	
24	Fri	7:57	4.9	8:20	4.6	1:30	-0.1	2:00	-0.3	7:19	6:13	
25	Sat	8:46	5.2	9:08	4.5	2:15	-0.4	2:51	-0.5	7:20	6:12	
26	Sun	8:35	5.4	8:57	4.3	2:00	-0.6	2:43	-0.5	6:21	5:11	
27	Mon	9:25	5.5	9:47	4.1	2:46	-0.6	3:36	-0.4	6:22	5:10	
28	Tue	10:17	5.4	10:39	3.8	3:34	-0.5	4:31	-0.2	6:23	5:09	
29	Wed	11:11	5.2	11:34	3.5	4:26	-0.3	5:30	0.1	6:24	5:07	
30	Thu			12:08	4.8	5:23	0.0	6:33	0.4	6:25	5:06	
31	Fri	12:33	3.2	1:11	4.5	6:25	0.3	7:39	0.6	6:26	5:05	