

Metompkin Inlet, VA - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:25	3.0	2:51	3.6	8:16	0.5	9:07	0.4	6:58	4:44	
2	Tue	3:33	3.1	3:51	3.4	9:21	0.6	9:56	0.4	6:59	4:44	
3	Wed	4:30	3.3	4:42	3.3	10:24	0.6	10:40	0.4	7:00	4:43	
4	Thu	5:17	3.6	5:27	3.2	11:20	0.5	11:21	0.3	7:01	4:43	
5	Fri	5:57	3.8	6:09	3.1			12:08	0.4	7:02	4:43	
6	Sat	6:36	4.0	6:49	3.1			12:50	0.4	7:03	4:43	
7	Sun	7:15	4.1	7:28	3.1	12:36	0.2	1:28	0.3	7:03	4:43	
8	Mon	7:54	4.2	8:09	3.1	1:13	0.1	2:06	0.3	7:04	4:43	
9	Tue	8:34	4.3	8:49	3.1	1:50	0.1	2:44	0.3	7:05	4:43	
10	Wed	9:15	4.3	9:30	3.0	2:28	0.1	3:23	0.4	7:06	4:43	
11	Thu	9:56	4.3	10:11	3.0	3:07	0.2	4:04	0.4	7:07	4:43	
12	Fri	10:37	4.2	10:54	2.9	3:48	0.3	4:47	0.5	7:07	4:44	
13	Sat	11:20	4.1	11:39	2.9	4:32	0.4	5:33	0.6	7:08	4:44	
14	Sun			12:04	4.0	5:21	0.5	6:20	0.6	7:09	4:44	
15	Mon	12:28	3.0	12:53	3.9	6:16	0.6	7:09	0.5	7:10	4:44	
16	Tue	1:23	3.1	1:46	3.7	7:15	0.6	7:59	0.3	7:10	4:45	
17	Wed	2:23	3.3	2:43	3.6	8:18	0.5	8:50	0.1	7:11	4:45	
18	Thu	3:23	3.7	3:42	3.5	9:22	0.3	9:42	-0.1	7:11	4:45	
19	Fri	4:22	4.1	4:40	3.5	10:26	0.1	10:35	-0.4	7:12	4:46	
20	Sat	5:18	4.5	5:36	3.5	11:28	-0.2	11:29	-0.7	7:13	4:46	
21	Sun	6:13	4.8	6:31	3.5			12:27	-0.5	7:13	4:47	
22	Mon	7:06	5.1	7:25	3.5	12:22	-0.9	1:23	-0.7	7:14	4:47	
23	Tue	8:00	5.2	8:18	3.4	1:15	-1.1	2:16	-0.7	7:14	4:48	
24	Wed	8:54	5.1	9:12	3.4	2:07	-1.1	3:08	-0.7	7:15	4:48	
25	Thu	9:46	5.0	10:05	3.3	2:59	-1.1	4:00	-0.6	7:15	4:49	
26	Fri	10:38	4.7	10:57	3.2	3:52	-0.9	4:53	-0.4	7:15	4:49	
27	Sat	11:29	4.3	11:51	3.1	4:46	-0.6	5:46	-0.2	7:16	4:50	
28	Sun			12:20	4.0	5:43	-0.3	6:38	-0.1	7:16	4:51	
29	Mon	12:46	3.0	1:11	3.6	6:42	0.1	7:28	0.1	7:16	4:51	
30	Tue	1:45	3.0	2:05	3.2	7:43	0.3	8:17	0.2	7:17	4:52	
31	Wed	2:45	3.1	3:01	2.9	8:45	0.5	9:01	0.3	7:17	4:53	