

Metompkin Inlet, VA - May 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:20	3.9	6:44	4.1			12:16	0.3	6:05	7:52	
2	Sun	7:08	4.0	7:32	4.5	12:44	0.1	1:02	0.0	6:04	7:53	
3	Mon	7:56	4.0	8:19	4.9	1:37	-0.2	1:47	-0.3	6:03	7:54	
4	Tue	8:44	4.0	9:08	5.1	2:28	-0.5	2:32	-0.5	6:02	7:55	
5	Wed	9:33	3.9	9:58	5.3	3:19	-0.6	3:18	-0.6	6:01	7:56	
6	Thu	10:23	3.8	10:49	5.3	4:11	-0.6	4:06	-0.6	6:00	7:57	
7	Fri	11:14	3.6	11:42	5.1	5:04	-0.5	4:58	-0.4	5:59	7:58	
8	Sat			12:08	3.4	6:01	-0.3	5:53	-0.2	5:58	7:59	
9	Sun	12:38	4.8	1:05	3.2	7:00	0.0	6:54	0.0	5:57	8:00	
10	Mon	1:37	4.5	2:07	3.1	8:03	0.2	7:59	0.2	5:56	8:00	
11	Tue	2:41	4.2	3:16	3.1	9:05	0.3	9:07	0.3	5:55	8:01	
12	Wed	3:49	3.9	4:27	3.2	10:05	0.3	10:15	0.4	5:54	8:02	
13	Thu	4:54	3.7	5:30	3.4	11:01	0.3	11:22	0.4	5:53	8:03	
14	Fri	5:51	3.6	6:22	3.7	11:50	0.3			5:52	8:04	
15	Sat	6:40	3.5	7:06	3.9	12:22	0.3	12:34	0.2	5:52	8:05	
16	Sun	7:23	3.4	7:45	4.1	1:14	0.2	1:13	0.2	5:51	8:06	
17	Mon	8:03	3.3	8:24	4.3	1:59	0.1	1:50	0.1	5:50	8:07	
18	Tue	8:43	3.3	9:03	4.4	2:40	0.1	2:26	0.1	5:49	8:07	
19	Wed	9:22	3.2	9:42	4.4	3:18	0.1	3:03	0.2	5:49	8:08	
20	Thu	10:02	3.2	10:22	4.3	3:56	0.2	3:40	0.3	5:48	8:09	
21	Fri	10:43	3.1	11:03	4.3	4:34	0.3	4:18	0.4	5:47	8:10	
22	Sat	11:24	3.0	11:45	4.1	5:15	0.5	4:59	0.6	5:46	8:11	
23	Sun			12:06	3.0	5:58	0.7	5:42	0.7	5:46	8:11	
24	Mon	12:29	4.0	12:50	2.9	6:43	0.8	6:29	0.8	5:45	8:12	
25	Tue	1:14	3.9	1:38	2.9	7:30	0.9	7:22	0.9	5:45	8:13	
26	Wed	2:03	3.8	2:31	3.0	8:19	0.9	8:18	1.0	5:44	8:14	
27	Thu	2:55	3.7	3:28	3.2	9:07	0.8	9:17	0.9	5:44	8:15	
28	Fri	3:50	3.7	4:25	3.5	9:55	0.6	10:18	0.7	5:43	8:15	
29	Sat	4:46	3.7	5:20	3.9	10:44	0.4	11:18	0.5	5:43	8:16	
30	Sun	5:40	3.7	6:12	4.4	11:34	0.1			5:42	8:17	
31	Mon	6:33	3.7	7:04	4.8	12:18	0.2	12:24	-0.1	5:42	8:17	