

Metompkin Inlet, VA - Jun 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:25	3.7	7:55	5.1	1:15	-0.2	1:14	-0.4	5:42	8:18	
2	Wed	8:17	3.7	8:47	5.3	2:10	-0.4	2:05	-0.6	5:41	8:19	
3	Thu	9:10	3.7	9:41	5.4	3:04	-0.6	2:56	-0.7	5:41	8:19	
4	Fri	10:04	3.6	10:35	5.3	3:57	-0.6	3:48	-0.7	5:41	8:20	
5	Sat	10:58	3.5	11:29	5.1	4:51	-0.5	4:42	-0.6	5:40	8:20	
6	Sun	11:53	3.4			5:47	-0.3	5:39	-0.4	5:40	8:21	
7	Mon	12:24	4.8	12:50	3.4	6:44	-0.1	6:40	-0.1	5:40	8:22	
8	Tue	1:20	4.5	1:50	3.3	7:41	0.0	7:43	0.1	5:40	8:22	
9	Wed	2:18	4.1	2:54	3.3	8:37	0.1	8:49	0.4	5:40	8:23	
10	Thu	3:17	3.7	3:59	3.4	9:30	0.2	9:54	0.5	5:40	8:23	
11	Fri	4:17	3.4	5:00	3.6	10:21	0.3	10:59	0.6	5:40	8:24	
12	Sat	5:13	3.2	5:51	3.8	11:08	0.3			5:40	8:24	
13	Sun	6:04	3.1	6:36	3.9	12:00	0.6	11:52 AM	0.3	5:40	8:25	
14	Mon	6:49	3.0	7:17	4.1	12:53	0.5	12:34	0.3	5:40	8:25	
15	Tue	7:32	3.0	7:58	4.2	1:39	0.5	1:15	0.3	5:40	8:25	
16	Wed	8:13	3.0	8:38	4.3	2:19	0.4	1:55	0.3	5:40	8:26	
17	Thu	8:55	3.0	9:19	4.4	2:57	0.4	2:35	0.3	5:40	8:26	
18	Fri	9:36	3.1	10:01	4.4	3:34	0.4	3:15	0.3	5:40	8:26	
19	Sat	10:18	3.1	10:42	4.3	4:12	0.5	3:54	0.3	5:40	8:27	
20	Sun	11:00	3.1	11:23	4.3	4:52	0.5	4:35	0.4	5:40	8:27	
21	Mon	11:41	3.1			5:32	0.6	5:18	0.6	5:41	8:27	
22	Tue	12:04	4.2	12:24	3.1	6:14	0.7	6:04	0.7	5:41	8:27	
23	Wed	12:45	4.1	1:10	3.2	6:57	0.7	6:55	0.8	5:41	8:27	
24	Thu	1:29	3.9	1:59	3.3	7:42	0.6	7:50	0.8	5:41	8:27	
25	Fri	2:17	3.8	2:53	3.5	8:27	0.6	8:49	0.8	5:42	8:28	
26	Sat	3:09	3.6	3:50	3.8	9:14	0.4	9:50	0.7	5:42	8:28	
27	Sun	4:07	3.5	4:48	4.2	10:05	0.3	10:53	0.5	5:42	8:28	
28	Mon	5:05	3.4	5:44	4.5	10:57	0.1	11:56	0.3	5:43	8:28	
29	Tue	6:03	3.4	6:40	4.9	11:52	-0.2			5:43	8:28	
30	Wed	7:00	3.4	7:36	5.1	12:57	0.0	12:49	-0.4	5:44	8:28	