

Metompkin Inlet, VA - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:30	3.8	10:04	5.1	3:25	-0.3	3:20	-0.7	6:06	8:10	
2	Mon	10:23	3.9	10:53	4.9	4:13	-0.4	4:13	-0.6	6:07	8:09	
3	Tue	11:14	4.0	11:40	4.6	4:59	-0.3	5:05	-0.4	6:08	8:08	
4	Wed			12:03	4.0	5:45	-0.2	5:59	-0.1	6:09	8:07	
5	Thu	12:26	4.2	12:53	3.9	6:30	0.0	6:54	0.3	6:09	8:06	
6	Fri	1:11	3.8	1:43	3.9	7:16	0.3	7:51	0.6	6:10	8:05	
7	Sat	1:59	3.4	2:36	3.8	8:01	0.5	8:50	0.9	6:11	8:04	
8	Sun	2:51	3.0	3:32	3.7	8:49	0.7	9:50	1.1	6:12	8:03	
9	Mon	3:47	2.8	4:31	3.7	9:38	0.8	10:52	1.2	6:13	8:02	
10	Tue	4:46	2.7	5:29	3.8	10:30	0.9	11:52	1.2	6:14	8:01	
11	Wed	5:42	2.8	6:21	4.0	11:24	0.9			6:15	7:59	
12	Thu	6:33	2.9	7:08	4.1	12:44	1.1	12:15	0.7	6:15	7:58	
13	Fri	7:19	3.1	7:52	4.3	1:27	1.0	1:04	0.6	6:16	7:57	
14	Sat	8:03	3.3	8:33	4.4	2:05	0.8	1:48	0.4	6:17	7:56	
15	Sun	8:45	3.5	9:13	4.5	2:41	0.7	2:30	0.3	6:18	7:54	
16	Mon	9:27	3.6	9:52	4.6	3:17	0.5	3:11	0.2	6:19	7:53	
17	Tue	10:08	3.8	10:30	4.5	3:52	0.4	3:53	0.2	6:20	7:52	
18	Wed	10:49	4.0	11:09	4.4	4:29	0.3	4:36	0.2	6:21	7:51	
19	Thu	11:30	4.1	11:49	4.2	5:06	0.3	5:22	0.3	6:21	7:49	
20	Fri			12:14	4.2	5:46	0.3	6:12	0.5	6:22	7:48	
21	Sat	12:31	4.0	1:01	4.3	6:29	0.4	7:07	0.6	6:23	7:47	
22	Sun	1:18	3.7	1:53	4.4	7:16	0.4	8:08	0.8	6:24	7:45	
23	Mon	2:11	3.4	2:54	4.4	8:10	0.5	9:12	0.8	6:25	7:44	
24	Tue	3:13	3.2	4:00	4.5	9:09	0.5	10:19	0.8	6:26	7:42	
25	Wed	4:21	3.1	5:08	4.6	10:12	0.4	11:27	0.7	6:27	7:41	
26	Thu	5:29	3.2	6:12	4.8	11:17	0.2			6:27	7:40	
27	Fri	6:31	3.4	7:11	4.9	12:31	0.5	12:21	-0.1	6:28	7:38	
28	Sat	7:29	3.6	8:05	5.0	1:27	0.2	1:21	-0.3	6:29	7:37	
29	Sun	8:22	3.9	8:55	5.0	2:17	0.0	2:16	-0.5	6:30	7:35	
30	Mon	9:13	4.1	9:42	4.9	3:02	-0.2	3:07	-0.5	6:31	7:34	
31	Tue	10:01	4.3	10:27	4.6	3:45	-0.2	3:56	-0.4	6:32	7:32	