

Metompkin Inlet, VA - Nov 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:56	4.3	11:14	3.0	4:11	0.6	5:11	0.9	6:28	5:03	
2	Tue	11:42	4.1			4:54	0.9	6:00	1.1	6:29	5:02	
3	Wed	12:00	2.9	12:31	3.9	5:43	1.1	6:52	1.3	6:30	5:01	
4	Thu	12:52	2.8	1:25	3.8	6:37	1.2	7:45	1.3	6:31	5:00	
5	Fri	1:50	2.8	2:22	3.7	7:35	1.2	8:37	1.3	6:32	4:59	
6	Sat	2:51	3.0	3:19	3.7	8:34	1.2	9:26	1.1	6:33	4:58	
7	Sun	3:49	3.2	4:12	3.8	9:32	1.0	10:12	0.9	6:34	4:57	
8	Mon	4:40	3.6	5:00	3.9	10:29	0.8	10:57	0.6	6:35	4:56	
9	Tue	5:27	4.0	5:46	4.0	11:23	0.5	11:40	0.2	6:36	4:55	
10	Wed	6:13	4.5	6:32	4.0			12:15	0.2	6:37	4:55	
11	Thu	6:58	4.9	7:18	4.0	12:23	-0.1	1:05	-0.1	6:38	4:54	
12	Fri	7:44	5.2	8:05	4.0	1:07	-0.3	1:54	-0.3	6:39	4:53	
13	Sat	8:33	5.3	8:53	3.8	1:52	-0.4	2:44	-0.3	6:40	4:52	
14	Sun	9:23	5.4	9:43	3.7	2:38	-0.5	3:36	-0.3	6:41	4:51	
15	Mon	10:15	5.3	10:36	3.5	3:28	-0.4	4:31	-0.1	6:42	4:51	
16	Tue	11:09	5.0	11:31	3.3	4:21	-0.3	5:29	0.1	6:44	4:50	
17	Wed			12:07	4.7	5:20	-0.1	6:30	0.3	6:45	4:49	
18	Thu	12:32	3.2	1:08	4.4	6:24	0.2	7:33	0.3	6:46	4:49	
19	Fri	1:39	3.1	2:13	4.1	7:32	0.3	8:34	0.3	6:47	4:48	
20	Sat	2:51	3.2	3:19	3.9	8:41	0.4	9:31	0.3	6:48	4:48	
21	Sun	4:00	3.4	4:20	3.7	9:49	0.4	10:23	0.2	6:49	4:47	
22	Mon	4:57	3.7	5:13	3.6	10:53	0.3	11:10	0.1	6:50	4:47	
23	Tue	5:46	4.0	5:59	3.4	11:51	0.2	11:52	0.0	6:51	4:46	
24	Wed	6:28	4.2	6:42	3.4			12:40	0.2	6:52	4:46	
25	Thu	7:08	4.3	7:22	3.3	12:32	0.0	1:23	0.1	6:53	4:45	
26	Fri	7:48	4.4	8:03	3.2	1:10	0.0	2:04	0.1	6:54	4:45	
27	Sat	8:28	4.4	8:43	3.1	1:47	0.0	2:42	0.2	6:55	4:45	
28	Sun	9:08	4.4	9:24	3.1	2:25	0.1	3:21	0.3	6:56	4:44	
29	Mon	9:50	4.3	10:05	3.0	3:03	0.2	4:01	0.5	6:57	4:44	
30	Tue	10:32	4.2	10:48	2.9	3:43	0.3	4:44	0.6	6:58	4:44	