

Metompkin Inlet, VA - Mar 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:50	3.3			5:37	0.1	5:43	0.1	6:33	5:56	
2	Wed	12:18	3.9	12:38	3.0	6:32	0.3	6:34	0.2	6:31	5:57	
3	Thu	1:14	3.9	1:35	2.8	7:34	0.5	7:32	0.2	6:30	5:58	
4	Fri	2:20	3.9	2:42	2.7	8:40	0.5	8:36	0.1	6:28	5:59	
5	Sat	3:31	4.0	3:53	2.8	9:49	0.4	9:44	-0.1	6:27	6:00	
6	Sun	4:40	4.2	4:59	3.0	10:55	0.2	10:51	-0.4	6:26	6:01	
7	Mon	5:42	4.3	6:00	3.3	11:55	-0.1	11:54	-0.7	6:24	6:02	
8	Tue	6:38	4.5	6:55	3.6			12:48	-0.4	6:23	6:02	
9	Wed	7:30	4.6	7:47	3.9	12:51	-1.0	1:35	-0.6	6:21	6:03	
10	Thu	8:19	4.5	8:36	4.1	1:45	-1.1	2:18	-0.8	6:20	6:04	
11	Fri	9:05	4.3	9:23	4.3	2:35	-1.1	3:00	-0.8	6:18	6:05	
12	Sat	9:49	4.0	10:09	4.3	3:24	-1.0	3:42	-0.7	6:17	6:06	
13	Sun	10:32	3.7	10:54	4.2	4:13	-0.7	4:23	-0.5	6:15	6:07	
14	Mon	11:16	3.3	11:40	4.0	5:03	-0.3	5:06	-0.2	6:14	6:08	
15	Tue			12:00	3.0	5:54	0.1	5:52	0.2	6:12	6:09	
16	Wed	12:28	3.7	12:47	2.7	6:47	0.4	6:41	0.4	6:11	6:10	
17	Thu	1:21	3.5	1:41	2.5	7:45	0.8	7:35	0.7	6:09	6:11	
18	Fri	2:22	3.3	2:42	2.4	8:46	1.0	8:33	0.7	6:08	6:12	
19	Sat	3:29	3.3	3:47	2.5	9:49	1.1	9:34	0.7	6:06	6:13	
20	Sun	4:33	3.4	4:45	2.6	10:47	1.0	10:32	0.6	6:05	6:14	
21	Mon	5:25	3.5	5:35	2.9	11:34	0.9	11:25	0.4	6:03	6:15	
22	Tue	6:10	3.7	6:19	3.2			12:13	0.7	6:02	6:16	
23	Wed	6:50	3.8	7:01	3.5	12:12	0.2	12:49	0.4	6:00	6:17	
24	Thu	7:29	3.9	7:41	3.8	12:55	0.0	1:23	0.2	5:59	6:17	
25	Fri	8:07	4.0	8:20	4.0	1:37	-0.2	1:57	0.1	5:57	6:18	
26	Sat	8:45	3.9	9:00	4.2	2:18	-0.3	2:33	0.0	5:56	6:19	
27	Sun	9:24	3.8	9:41	4.4	3:00	-0.3	3:09	-0.1	5:54	6:20	
28	Mon	10:04	3.7	10:23	4.4	3:44	-0.2	3:48	0.0	5:53	6:21	
29	Tue	10:46	3.5	11:09	4.4	4:31	-0.1	4:30	0.0	5:51	6:22	
30	Wed	11:31	3.3	11:59	4.3	5:22	0.1	5:18	0.2	5:50	6:23	
31	Thu			12:22	3.0	6:19	0.3	6:14	0.3	5:48	6:24	