

Metompkin Inlet, VA - Jun 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:38	3.6	5:19	3.8	10:40	0.1	11:19	0.3	5:42	8:18	
2	Thu	5:36	3.4	6:13	4.1	11:30	0.0			5:41	8:18	
3	Fri	6:28	3.3	7:00	4.3	12:21	0.2	12:18	0.0	5:41	8:19	
4	Sat	7:16	3.2	7:45	4.4	1:17	0.1	1:03	0.0	5:41	8:20	
5	Sun	8:01	3.1	8:28	4.5	2:06	0.1	1:46	0.0	5:40	8:20	
6	Mon	8:45	3.1	9:10	4.5	2:49	0.1	2:28	0.0	5:40	8:21	
7	Tue	9:28	3.1	9:53	4.4	3:30	0.1	3:09	0.1	5:40	8:21	
8	Wed	10:11	3.0	10:36	4.4	4:10	0.2	3:50	0.2	5:40	8:22	
9	Thu	10:53	3.0	11:18	4.2	4:50	0.4	4:31	0.3	5:40	8:23	
10	Fri	11:36	3.0			5:32	0.5	5:15	0.5	5:40	8:23	
11	Sat	12:01	4.1	12:20	3.0	6:14	0.7	6:00	0.7	5:40	8:24	
12	Sun	12:44	3.9	1:06	3.0	6:58	0.8	6:49	0.8	5:40	8:24	
13	Mon	1:28	3.8	1:54	3.0	7:41	0.9	7:41	1.0	5:40	8:24	
14	Tue	2:14	3.6	2:46	3.2	8:24	0.9	8:36	1.0	5:40	8:25	
15	Wed	3:03	3.4	3:40	3.4	9:08	0.8	9:32	1.0	5:40	8:25	
16	Thu	3:55	3.3	4:33	3.7	9:53	0.7	10:30	0.9	5:40	8:26	
17	Fri	4:49	3.3	5:25	4.0	10:39	0.5	11:29	0.7	5:40	8:26	
18	Sat	5:42	3.3	6:16	4.4	11:28	0.3			5:40	8:26	
19	Sun	6:34	3.3	7:06	4.7	12:26	0.4	12:19	0.1	5:40	8:26	
20	Mon	7:25	3.4	7:57	5.0	1:21	0.2	1:11	-0.2	5:40	8:27	
21	Tue	8:17	3.4	8:49	5.2	2:15	-0.1	2:03	-0.4	5:41	8:27	
22	Wed	9:10	3.5	9:43	5.3	3:06	-0.2	2:55	-0.5	5:41	8:27	
23	Thu	10:04	3.5	10:36	5.3	3:58	-0.3	3:48	-0.6	5:41	8:27	
24	Fri	10:58	3.6	11:29	5.1	4:50	-0.3	4:43	-0.6	5:41	8:27	
25	Sat	11:53	3.6			5:43	-0.3	5:40	-0.4	5:42	8:28	
26	Sun	12:22	4.8	12:49	3.6	6:37	-0.2	6:41	-0.2	5:42	8:28	
27	Mon	1:15	4.5	1:48	3.7	7:30	-0.2	7:44	0.1	5:42	8:28	
28	Tue	2:10	4.0	2:49	3.7	8:23	-0.1	8:49	0.3	5:43	8:28	
29	Wed	3:08	3.6	3:52	3.8	9:14	0.0	9:56	0.5	5:43	8:28	
30	Thu	4:07	3.3	4:53	3.9	10:05	0.1	11:02	0.5	5:44	8:28	