

Metompkin Inlet, VA - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:06	3.0	5:49	4.1	10:56	0.2			5:44	8:28	
2	Sat	6:02	2.9	6:39	4.2	12:06	0.5	11:46 AM	0.2	5:45	8:27	
3	Sun	6:52	2.9	7:25	4.3	1:03	0.5	12:35	0.2	5:45	8:27	
4	Mon	7:38	2.9	8:09	4.3	1:52	0.4	1:22	0.2	5:46	8:27	
5	Tue	8:22	2.9	8:52	4.3	2:34	0.4	2:06	0.2	5:46	8:27	
6	Wed	9:05	3.0	9:34	4.4	3:12	0.4	2:47	0.2	5:47	8:27	
7	Thu	9:47	3.1	10:15	4.3	3:49	0.4	3:28	0.2	5:47	8:26	
8	Fri	10:29	3.1	10:55	4.3	4:25	0.5	4:09	0.3	5:48	8:26	
9	Sat	11:10	3.2	11:34	4.2	5:02	0.5	4:50	0.4	5:48	8:26	
10	Sun	11:52	3.2			5:40	0.6	5:33	0.6	5:49	8:25	
11	Mon	12:13	4.0	12:34	3.3	6:18	0.7	6:18	0.7	5:50	8:25	
12	Tue	12:52	3.8	1:17	3.4	6:57	0.7	7:07	0.9	5:50	8:25	
13	Wed	1:33	3.6	2:04	3.5	7:38	0.7	8:00	1.0	5:51	8:24	
14	Thu	2:18	3.4	2:55	3.7	8:20	0.7	8:57	1.0	5:52	8:24	
15	Fri	3:09	3.2	3:51	3.9	9:07	0.6	9:57	1.0	5:52	8:23	
16	Sat	4:06	3.1	4:48	4.2	9:57	0.5	10:58	0.8	5:53	8:23	
17	Sun	5:05	3.1	5:46	4.5	10:52	0.3			5:54	8:22	
18	Mon	6:04	3.2	6:43	4.8	12:00	0.6	11:50 AM	0.1	5:55	8:22	
19	Tue	7:01	3.3	7:38	5.1	1:00	0.3	12:48	-0.2	5:55	8:21	
20	Wed	7:56	3.5	8:33	5.3	1:56	0.0	1:45	-0.5	5:56	8:20	
21	Thu	8:52	3.6	9:27	5.3	2:49	-0.2	2:40	-0.7	5:57	8:20	
22	Fri	9:47	3.8	10:20	5.3	3:40	-0.4	3:35	-0.8	5:58	8:19	
23	Sat	10:41	4.0	11:11	5.1	4:29	-0.5	4:30	-0.7	5:59	8:18	
24	Sun	11:34	4.0			5:19	-0.5	5:26	-0.5	5:59	8:17	
25	Mon	12:01	4.7	12:28	4.1	6:08	-0.4	6:25	-0.2	6:00	8:17	
26	Tue	12:51	4.3	1:23	4.1	6:57	-0.2	7:26	0.1	6:01	8:16	
27	Wed	1:42	3.8	2:20	4.0	7:47	0.0	8:29	0.4	6:02	8:15	
28	Thu	2:36	3.4	3:20	4.0	8:38	0.2	9:34	0.7	6:03	8:14	
29	Fri	3:34	3.0	4:22	4.0	9:30	0.4	10:41	0.8	6:03	8:13	
30	Sat	4:36	2.8	5:23	4.0	10:24	0.5	11:48	0.9	6:04	8:12	
31	Sun	5:36	2.7	6:18	4.0	11:18	0.6			6:05	8:11	