

Metompkin Inlet, VA - Aug 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:29	2.8	7:07	4.1	12:47	0.8	12:12	0.5	6:06	8:10	
2	Tue	7:16	2.9	7:51	4.2	1:34	0.8	1:01	0.4	6:07	8:09	
3	Wed	7:59	3.0	8:32	4.3	2:14	0.7	1:46	0.3	6:08	8:08	
4	Thu	8:41	3.2	9:12	4.4	2:48	0.6	2:27	0.3	6:08	8:07	
5	Fri	9:22	3.3	9:50	4.4	3:21	0.6	3:07	0.2	6:09	8:06	
6	Sat	10:03	3.5	10:28	4.3	3:55	0.5	3:46	0.3	6:10	8:05	
7	Sun	10:42	3.6	11:04	4.2	4:28	0.5	4:26	0.4	6:11	8:04	
8	Mon	11:22	3.7	11:40	4.1	5:02	0.5	5:07	0.5	6:12	8:03	
9	Tue			12:01	3.8	5:37	0.6	5:51	0.7	6:13	8:02	
10	Wed	12:17	3.9	12:42	3.8	6:14	0.6	6:38	0.8	6:14	8:01	
11	Thu	12:56	3.6	1:26	3.9	6:54	0.7	7:31	1.0	6:14	8:00	
12	Fri	1:40	3.4	2:17	4.0	7:38	0.7	8:28	1.1	6:15	7:58	
13	Sat	2:31	3.2	3:15	4.1	8:28	0.7	9:30	1.1	6:16	7:57	
14	Sun	3:32	3.1	4:19	4.3	9:25	0.6	10:35	1.0	6:17	7:56	
15	Mon	4:38	3.1	5:23	4.6	10:27	0.5	11:40	0.8	6:18	7:55	
16	Tue	5:42	3.2	6:25	4.8	11:30	0.2			6:19	7:53	
17	Wed	6:43	3.4	7:22	5.1	12:42	0.5	12:32	-0.1	6:20	7:52	
18	Thu	7:40	3.7	8:17	5.2	1:38	0.1	1:32	-0.5	6:20	7:51	
19	Fri	8:35	4.0	9:09	5.3	2:29	-0.2	2:28	-0.7	6:21	7:50	
20	Sat	9:28	4.3	9:59	5.1	3:16	-0.4	3:22	-0.8	6:22	7:48	
21	Sun	10:21	4.5	10:48	4.9	4:03	-0.5	4:15	-0.7	6:23	7:47	
22	Mon	11:11	4.6	11:35	4.5	4:48	-0.5	5:09	-0.5	6:24	7:46	
23	Tue			12:02	4.6	5:34	-0.3	6:05	-0.1	6:25	7:44	
24	Wed	12:23	4.1	12:53	4.5	6:21	-0.1	7:03	0.3	6:26	7:43	
25	Thu	1:11	3.6	1:46	4.3	7:09	0.2	8:03	0.6	6:26	7:41	
26	Fri	2:03	3.2	2:43	4.1	8:00	0.5	9:07	0.9	6:27	7:40	
27	Sat	3:01	2.9	3:47	3.9	8:55	0.7	10:14	1.1	6:28	7:39	
28	Sun	4:05	2.8	4:53	3.9	9:52	0.9	11:22	1.2	6:29	7:37	
29	Mon	5:09	2.8	5:54	3.9	10:51	0.9			6:30	7:36	
30	Tue	6:06	2.9	6:44	4.0	12:22	1.2	11:48 AM	0.8	6:31	7:34	
31	Wed	6:53	3.1	7:27	4.2	1:07	1.1	12:39	0.7	6:31	7:33	