

Metompkin Inlet, VA - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:11	5.0	9:28	3.4	2:23	-0.9	3:22	-0.5	7:17	4:54	
2	Mon	10:02	4.9	10:21	3.5	3:15	-1.0	4:12	-0.6	7:17	4:55	
3	Tue	10:52	4.7	11:14	3.5	4:09	-0.9	5:02	-0.6	7:17	4:56	
4	Wed	11:42	4.4			5:06	-0.7	5:54	-0.5	7:17	4:57	
5	Thu	12:10	3.6	12:34	3.9	6:07	-0.4	6:45	-0.4	7:17	4:57	
6	Fri	1:09	3.6	1:29	3.5	7:10	-0.1	7:37	-0.3	7:17	4:58	
7	Sat	2:11	3.6	2:28	3.1	8:16	0.1	8:30	-0.3	7:17	4:59	
8	Sun	3:15	3.7	3:30	2.8	9:24	0.2	9:24	-0.2	7:17	5:00	
9	Mon	4:18	3.7	4:31	2.6	10:33	0.3	10:20	-0.2	7:17	5:01	
10	Tue	5:16	3.8	5:27	2.6	11:37	0.2	11:14	-0.2	7:17	5:02	
11	Wed	6:08	3.9	6:17	2.6			12:32	0.2	7:17	5:03	
12	Thu	6:56	4.0	7:03	2.7	12:05	-0.3	1:18	0.1	7:17	5:04	
13	Fri	7:40	4.0	7:47	2.7	12:52	-0.3	1:58	0.1	7:16	5:05	
14	Sat	8:22	4.0	8:29	2.8	1:35	-0.4	2:35	0.1	7:16	5:06	
15	Sun	9:03	4.0	9:11	2.9	2:16	-0.4	3:11	0.1	7:16	5:07	
16	Mon	9:42	4.0	9:52	3.0	2:56	-0.3	3:46	0.1	7:15	5:08	
17	Tue	10:19	3.9	10:32	3.0	3:36	-0.2	4:22	0.2	7:15	5:09	
18	Wed	10:57	3.7	11:13	3.0	4:17	0.0	4:58	0.3	7:15	5:10	
19	Thu	11:34	3.5	11:55	3.1	5:00	0.2	5:35	0.3	7:14	5:11	
20	Fri			12:13	3.2	5:47	0.4	6:14	0.4	7:14	5:12	
21	Sat	12:39	3.1	12:55	3.0	6:37	0.6	6:55	0.4	7:13	5:13	
22	Sun	1:28	3.2	1:43	2.8	7:31	0.7	7:41	0.4	7:13	5:14	
23	Mon	2:24	3.3	2:39	2.7	8:30	0.7	8:32	0.4	7:12	5:16	
24	Tue	3:23	3.5	3:39	2.6	9:32	0.7	9:28	0.2	7:11	5:17	
25	Wed	4:23	3.8	4:39	2.7	10:35	0.5	10:26	-0.1	7:11	5:18	
26	Thu	5:22	4.1	5:37	2.9	11:36	0.2	11:25	-0.4	7:10	5:19	
27	Fri	6:17	4.4	6:32	3.1			12:32	-0.1	7:09	5:20	
28	Sat	7:11	4.7	7:26	3.3	12:22	-0.8	1:24	-0.4	7:09	5:21	
29	Sun	8:03	4.9	8:19	3.5	1:17	-1.1	2:13	-0.7	7:08	5:22	
30	Mon	8:54	4.9	9:11	3.7	2:10	-1.3	3:00	-0.9	7:07	5:23	
31	Tue	9:43	4.8	10:03	3.9	3:03	-1.3	3:47	-0.9	7:06	5:24	