

Metompkin Inlet, VA - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:21	4.6	9:42	4.4	2:49	-1.4	3:18	-1.0	6:33	5:55	
2	Thu	10:08	4.3	10:32	4.5	3:42	-1.2	4:03	-0.9	6:32	5:56	
3	Fri	10:55	3.9	11:22	4.3	4:36	-0.9	4:49	-0.7	6:30	5:57	
4	Sat	11:43	3.4			5:31	-0.5	5:38	-0.5	6:29	5:58	
5	Sun	12:13	4.1	12:34	3.0	6:30	-0.1	6:30	-0.1	6:27	5:59	
6	Mon	1:10	3.8	1:29	2.7	7:32	0.3	7:26	0.2	6:26	6:00	
7	Tue	2:13	3.6	2:33	2.4	8:39	0.6	8:27	0.3	6:24	6:01	
8	Wed	3:24	3.4	3:42	2.4	9:50	0.7	9:31	0.4	6:23	6:02	
9	Thu	4:35	3.4	4:47	2.5	10:59	0.8	10:34	0.4	6:22	6:03	
10	Fri	5:33	3.5	5:39	2.7	11:52	0.7	11:29	0.2	6:20	6:04	
11	Sat	6:19	3.6	6:23	2.9			12:31	0.6	6:19	6:05	
12	Sun	6:57	3.7	7:03	3.1	12:17	0.1	1:03	0.4	6:17	6:06	
13	Mon	7:34	3.8	7:41	3.4	12:58	-0.1	1:33	0.3	6:16	6:07	
14	Tue	8:09	3.8	8:19	3.6	1:37	-0.2	2:03	0.2	6:14	6:08	
15	Wed	8:44	3.8	8:56	3.8	2:14	-0.2	2:34	0.1	6:13	6:09	
16	Thu	9:20	3.7	9:33	3.9	2:52	-0.2	3:06	0.1	6:11	6:10	
17	Fri	9:55	3.6	10:10	4.0	3:30	-0.1	3:39	0.2	6:10	6:11	
18	Sat	10:31	3.4	10:49	4.0	4:10	0.1	4:14	0.3	6:08	6:12	
19	Sun	11:09	3.2	11:30	4.0	4:54	0.3	4:52	0.4	6:07	6:13	
20	Mon	11:50	3.0			5:42	0.5	5:37	0.5	6:05	6:14	
21	Tue	12:18	3.9	12:37	2.8	6:36	0.7	6:29	0.5	6:04	6:14	
22	Wed	1:15	3.9	1:36	2.7	7:36	0.8	7:30	0.5	6:02	6:15	
23	Thu	2:21	3.9	2:44	2.8	8:40	0.8	8:37	0.4	6:01	6:16	
24	Fri	3:30	4.0	3:53	2.9	9:45	0.6	9:44	0.1	5:59	6:17	
25	Sat	4:36	4.2	4:57	3.3	10:46	0.3	10:50	-0.2	5:57	6:18	
26	Sun	5:35	4.4	5:55	3.7	11:42	-0.1	11:52	-0.6	5:56	6:19	
27	Mon	6:29	4.5	6:49	4.1			12:32	-0.4	5:54	6:20	
28	Tue	7:20	4.5	7:40	4.5	12:50	-0.9	1:18	-0.7	5:53	6:21	
29	Wed	8:09	4.4	8:30	4.8	1:43	-1.1	2:03	-0.9	5:51	6:22	
30	Thu	8:57	4.2	9:19	4.9	2:35	-1.1	2:47	-0.9	5:50	6:23	
31	Fri	9:44	3.9	10:07	4.8	3:26	-1.0	3:32	-0.7	5:48	6:24	