

Metompkin Inlet, VA - Aug 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:39	3.3	2:12	3.7	7:36	0.8	8:16	1.2	6:06	8:11	
2	Wed	2:25	3.1	3:04	3.7	8:20	0.9	9:12	1.3	6:07	8:10	
3	Thu	3:18	3.0	4:02	3.9	9:09	0.9	10:11	1.2	6:07	8:09	
4	Fri	4:17	2.9	5:01	4.1	10:03	0.8	11:13	1.1	6:08	8:08	
5	Sat	5:17	3.0	5:58	4.4	11:00	0.6			6:09	8:07	
6	Sun	6:14	3.1	6:53	4.7	12:12	0.9	11:59 AM	0.3	6:10	8:06	
7	Mon	7:09	3.3	7:46	4.9	1:08	0.6	12:56	0.0	6:11	8:04	
8	Tue	8:02	3.6	8:36	5.1	1:59	0.3	1:51	-0.3	6:12	8:03	
9	Wed	8:54	3.9	9:26	5.2	2:47	0.0	2:44	-0.5	6:13	8:02	
10	Thu	9:45	4.2	10:15	5.2	3:33	-0.3	3:36	-0.7	6:13	8:01	
11	Fri	10:37	4.4	11:03	4.9	4:19	-0.4	4:29	-0.6	6:14	8:00	
12	Sat	11:28	4.5	11:51	4.6	5:05	-0.5	5:25	-0.4	6:15	7:59	
13	Sun			12:20	4.6	5:52	-0.4	6:22	-0.1	6:16	7:57	
14	Mon	12:41	4.2	1:14	4.5	6:41	-0.2	7:23	0.2	6:17	7:56	
15	Tue	1:32	3.7	2:11	4.4	7:32	0.0	8:28	0.5	6:18	7:55	
16	Wed	2:29	3.3	3:14	4.3	8:27	0.2	9:35	0.7	6:19	7:54	
17	Thu	3:32	3.0	4:22	4.2	9:25	0.4	10:46	0.9	6:19	7:52	
18	Fri	4:40	2.8	5:30	4.2	10:26	0.5	11:56	0.9	6:20	7:51	
19	Sat	5:45	2.8	6:30	4.2	11:28	0.5			6:21	7:50	
20	Sun	6:41	2.9	7:20	4.3	12:55	0.8	12:26	0.4	6:22	7:49	
21	Mon	7:29	3.1	8:03	4.3	1:42	0.7	1:17	0.3	6:23	7:47	
22	Tue	8:11	3.3	8:42	4.4	2:20	0.6	2:01	0.2	6:24	7:46	
23	Wed	8:52	3.5	9:19	4.3	2:53	0.5	2:42	0.2	6:24	7:44	
24	Thu	9:31	3.7	9:56	4.3	3:24	0.5	3:21	0.2	6:25	7:43	
25	Fri	10:10	3.8	10:32	4.2	3:55	0.5	4:00	0.3	6:26	7:42	
26	Sat	10:48	3.9	11:08	4.0	4:26	0.5	4:39	0.5	6:27	7:40	
27	Sun	11:26	4.0	11:44	3.8	4:59	0.6	5:20	0.7	6:28	7:39	
28	Mon			12:05	4.0	5:33	0.7	6:03	0.9	6:29	7:37	
29	Tue	12:21	3.6	12:46	4.0	6:09	0.9	6:50	1.1	6:30	7:36	
30	Wed	1:00	3.3	1:31	4.0	6:50	1.0	7:42	1.3	6:30	7:35	
31	Thu	1:45	3.1	2:23	4.0	7:37	1.1	8:39	1.4	6:31	7:33	