

Metompkin Inlet, VA - Nov 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:11	3.8	4:37	4.3	10:03	0.4	10:40	0.2	6:27	5:04	
2	Thu	5:08	4.2	5:32	4.3	11:07	0.1	11:30	-0.2	6:28	5:03	
3	Fri	6:01	4.7	6:23	4.3			12:06	-0.2	6:29	5:02	
4	Sat	6:52	5.1	7:13	4.1	12:18	-0.4	1:02	-0.4	6:30	5:01	
5	Sun	7:42	5.3	8:03	4.0	1:05	-0.6	1:54	-0.5	6:31	5:00	
6	Mon	8:31	5.4	8:52	3.8	1:51	-0.6	2:45	-0.5	6:32	4:59	
7	Tue	9:21	5.3	9:41	3.6	2:38	-0.6	3:36	-0.3	6:33	4:58	
8	Wed	10:11	5.0	10:30	3.3	3:25	-0.4	4:29	0.0	6:35	4:57	
9	Thu	11:02	4.7	11:21	3.1	4:15	-0.1	5:23	0.3	6:36	4:56	
10	Fri	11:55	4.4			5:08	0.3	6:21	0.6	6:37	4:55	
11	Sat	12:14	3.0	12:50	4.0	6:05	0.6	7:19	0.8	6:38	4:54	
12	Sun	1:13	2.8	1:48	3.8	7:05	0.8	8:15	0.9	6:39	4:53	
13	Mon	2:17	2.9	2:48	3.6	8:07	0.9	9:06	1.0	6:40	4:53	
14	Tue	3:21	3.0	3:44	3.5	9:08	1.0	9:51	0.9	6:41	4:52	
15	Wed	4:16	3.2	4:33	3.4	10:05	1.0	10:32	0.8	6:42	4:51	
16	Thu	5:02	3.5	5:17	3.4	10:59	0.9	11:09	0.7	6:43	4:50	
17	Fri	5:43	3.8	5:58	3.4	11:46	0.7	11:47	0.5	6:44	4:50	
18	Sat	6:23	4.1	6:38	3.4			12:29	0.6	6:45	4:49	
19	Sun	7:02	4.3	7:18	3.4	12:24	0.4	1:10	0.5	6:46	4:48	
20	Mon	7:42	4.5	7:58	3.4	1:01	0.3	1:51	0.4	6:47	4:48	
21	Tue	8:23	4.6	8:39	3.3	1:40	0.2	2:32	0.3	6:48	4:47	
22	Wed	9:05	4.6	9:21	3.3	2:19	0.2	3:14	0.4	6:49	4:47	
23	Thu	9:48	4.6	10:05	3.2	3:00	0.2	3:59	0.5	6:50	4:46	
24	Fri	10:34	4.6	10:51	3.1	3:44	0.3	4:48	0.5	6:51	4:46	
25	Sat	11:22	4.5	11:42	3.1	4:33	0.3	5:39	0.6	6:52	4:45	
26	Sun			12:13	4.3	5:28	0.4	6:34	0.6	6:53	4:45	
27	Mon	12:39	3.1	1:09	4.2	6:30	0.5	7:28	0.5	6:54	4:45	
28	Tue	1:41	3.3	2:08	4.0	7:35	0.5	8:22	0.3	6:55	4:44	
29	Wed	2:46	3.5	3:10	3.8	8:42	0.4	9:16	0.1	6:56	4:44	
30	Thu	3:50	3.9	4:10	3.7	9:48	0.3	10:08	-0.1	6:57	4:44	