

Metompkin Inlet, VA - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:20	4.4	6:33	2.9			12:41	-0.2	7:17	4:54	
2	Tue	7:12	4.5	7:25	2.9	12:23	-0.6	1:32	-0.2	7:17	4:55	
3	Wed	8:02	4.5	8:14	3.0	1:14	-0.7	2:19	-0.3	7:17	4:55	
4	Thu	8:49	4.4	9:01	3.0	2:02	-0.7	3:03	-0.3	7:17	4:56	
5	Fri	9:34	4.3	9:46	3.0	2:48	-0.6	3:45	-0.2	7:17	4:57	
6	Sat	10:16	4.1	10:30	3.0	3:33	-0.5	4:26	-0.1	7:17	4:58	
7	Sun	10:57	3.9	11:14	3.0	4:18	-0.3	5:06	0.1	7:17	4:59	
8	Mon	11:38	3.6	11:59	3.0	5:04	0.0	5:46	0.2	7:17	5:00	
9	Tue			12:19	3.3	5:52	0.3	6:26	0.3	7:17	5:01	
10	Wed	12:46	3.0	1:03	3.0	6:43	0.5	7:07	0.4	7:17	5:02	
11	Thu	1:36	3.1	1:51	2.8	7:37	0.7	7:50	0.5	7:17	5:03	
12	Fri	2:30	3.1	2:44	2.6	8:33	0.8	8:36	0.5	7:17	5:04	
13	Sat	3:26	3.3	3:40	2.5	9:31	0.9	9:26	0.5	7:16	5:05	
14	Sun	4:22	3.5	4:35	2.6	10:29	0.8	10:18	0.3	7:16	5:06	
15	Mon	5:14	3.7	5:26	2.7	11:25	0.6	11:11	0.1	7:16	5:07	
16	Tue	6:04	4.0	6:16	2.8			12:17	0.4	7:15	5:08	
17	Wed	6:53	4.3	7:04	3.0	12:02	-0.2	1:05	0.1	7:15	5:09	
18	Thu	7:40	4.5	7:52	3.2	12:51	-0.5	1:50	-0.1	7:15	5:10	
19	Fri	8:27	4.7	8:40	3.3	1:39	-0.7	2:34	-0.3	7:14	5:11	
20	Sat	9:12	4.7	9:28	3.5	2:27	-0.9	3:18	-0.5	7:14	5:12	
21	Sun	9:58	4.6	10:17	3.7	3:16	-0.9	4:02	-0.6	7:13	5:13	
22	Mon	10:44	4.4	11:07	3.8	4:08	-0.8	4:48	-0.6	7:13	5:14	
23	Tue	11:31	4.1	11:59	3.8	5:02	-0.6	5:35	-0.6	7:12	5:15	
24	Wed			12:20	3.7	6:01	-0.4	6:25	-0.5	7:12	5:16	
25	Thu	12:55	3.8	1:13	3.2	7:03	-0.1	7:17	-0.4	7:11	5:17	
26	Fri	1:56	3.8	2:13	2.9	8:08	0.1	8:13	-0.3	7:10	5:19	
27	Sat	3:02	3.8	3:18	2.6	9:17	0.2	9:12	-0.2	7:10	5:20	
28	Sun	4:10	3.8	4:25	2.5	10:29	0.2	10:14	-0.3	7:09	5:21	
29	Mon	5:14	3.9	5:27	2.6	11:36	0.2	11:16	-0.3	7:08	5:22	
30	Tue	6:12	4.0	6:22	2.7			12:34	0.0	7:07	5:23	
31	Wed	7:04	4.1	7:12	2.8	12:12	-0.5	1:22	-0.1	7:06	5:24	