

Metompkin Inlet, VA - Nov 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:49	3.1	2:29	4.2	7:43	0.4	8:57	0.7	7:27	6:04	
2	Fri	2:58	3.0	3:37	4.0	8:50	0.6	9:59	0.8	7:28	6:03	
3	Sat	4:11	3.1	4:42	3.8	9:57	0.7	10:54	0.7	7:29	6:02	
4	Sun	4:16	3.3	4:38	3.7	10:02	0.8	10:41	0.7	6:30	5:01	
5	Mon	5:07	3.5	5:23	3.6	11:01	0.7	11:21	0.6	6:31	5:00	
6	Tue	5:49	3.8	6:03	3.5	11:51	0.6	11:56	0.5	6:32	4:59	
7	Wed	6:26	4.0	6:41	3.5			12:35	0.5	6:33	4:58	
8	Thu	7:03	4.2	7:18	3.5	12:31	0.4	1:14	0.4	6:34	4:57	
9	Fri	7:40	4.4	7:56	3.4	1:05	0.4	1:51	0.4	6:35	4:56	
10	Sat	8:19	4.5	8:35	3.4	1:40	0.4	2:28	0.4	6:36	4:55	
11	Sun	8:58	4.5	9:15	3.3	2:15	0.4	3:06	0.5	6:37	4:54	
12	Mon	9:38	4.4	9:54	3.2	2:52	0.5	3:46	0.7	6:38	4:54	
13	Tue	10:20	4.3	10:35	3.1	3:31	0.6	4:29	0.8	6:40	4:53	
14	Wed	11:03	4.3	11:19	3.0	4:12	0.7	5:15	1.0	6:41	4:52	
15	Thu	11:48	4.2			4:59	0.8	6:05	1.0	6:42	4:51	
16	Fri	12:07	3.0	12:37	4.1	5:52	0.9	6:57	1.0	6:43	4:51	
17	Sat	1:02	3.0	1:32	4.0	6:51	0.9	7:49	0.9	6:44	4:50	
18	Sun	2:03	3.2	2:30	3.9	7:54	0.8	8:41	0.6	6:45	4:49	
19	Mon	3:05	3.5	3:28	3.9	8:58	0.7	9:32	0.4	6:46	4:49	
20	Tue	4:04	3.9	4:25	3.9	10:01	0.4	10:23	0.0	6:47	4:48	
21	Wed	5:00	4.4	5:20	3.9	11:04	0.1	11:13	-0.3	6:48	4:47	
22	Thu	5:53	4.8	6:12	3.8			12:03	-0.2	6:49	4:47	
23	Fri	6:45	5.2	7:05	3.8	12:04	-0.6	12:59	-0.4	6:50	4:46	
24	Sat	7:37	5.4	7:57	3.7	12:54	-0.8	1:53	-0.6	6:51	4:46	
25	Sun	8:30	5.4	8:49	3.6	1:45	-0.9	2:45	-0.5	6:52	4:46	
26	Mon	9:23	5.3	9:42	3.5	2:35	-0.8	3:38	-0.4	6:53	4:45	
27	Tue	10:16	5.1	10:35	3.3	3:27	-0.7	4:33	-0.2	6:54	4:45	
28	Wed	11:09	4.7	11:29	3.2	4:22	-0.4	5:29	0.0	6:55	4:44	
29	Thu			12:03	4.4	5:19	-0.1	6:26	0.2	6:56	4:44	
30	Fri	12:27	3.1	12:58	4.0	6:20	0.2	7:22	0.4	6:57	4:44	