

Metompkin Inlet, VA - May 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:29	3.8	5:57	4.0	11:26	0.4	11:56	0.2	6:05	7:52	
2	Fri	6:21	3.9	6:48	4.4			12:15	0.1	6:04	7:53	
3	Sat	7:12	3.9	7:38	4.8	12:54	-0.1	1:03	-0.2	6:03	7:54	
4	Sun	8:02	3.9	8:28	5.2	1:48	-0.4	1:51	-0.5	6:02	7:55	
5	Mon	8:52	3.9	9:19	5.3	2:41	-0.6	2:39	-0.7	6:01	7:56	
6	Tue	9:44	3.8	10:12	5.4	3:34	-0.7	3:29	-0.7	6:00	7:57	
7	Wed	10:36	3.7	11:05	5.2	4:26	-0.6	4:20	-0.6	5:59	7:58	
8	Thu	11:29	3.5			5:21	-0.4	5:14	-0.5	5:58	7:59	
9	Fri	12:00	5.0	12:24	3.4	6:18	-0.2	6:12	-0.2	5:57	8:00	
10	Sat	12:56	4.6	1:22	3.2	7:18	0.0	7:15	0.0	5:56	8:00	
11	Sun	1:55	4.3	2:26	3.2	8:18	0.2	8:20	0.3	5:55	8:01	
12	Mon	2:58	3.9	3:34	3.2	9:17	0.3	9:27	0.4	5:54	8:02	
13	Tue	4:02	3.6	4:41	3.3	10:12	0.4	10:34	0.5	5:53	8:03	
14	Wed	5:03	3.4	5:38	3.5	11:03	0.4	11:37	0.5	5:52	8:04	
15	Thu	5:55	3.3	6:25	3.8	11:48	0.4			5:52	8:05	
16	Fri	6:41	3.2	7:07	4.0	12:34	0.4	12:30	0.3	5:51	8:06	
17	Sat	7:23	3.2	7:46	4.1	1:22	0.3	1:09	0.3	5:50	8:07	
18	Sun	8:03	3.1	8:24	4.3	2:04	0.3	1:47	0.3	5:49	8:07	
19	Mon	8:43	3.1	9:04	4.3	2:42	0.3	2:24	0.3	5:49	8:08	
20	Tue	9:23	3.1	9:44	4.4	3:19	0.3	3:02	0.3	5:48	8:09	
21	Wed	10:03	3.1	10:25	4.3	3:57	0.3	3:40	0.3	5:47	8:10	
22	Thu	10:44	3.1	11:07	4.3	4:36	0.5	4:20	0.4	5:46	8:11	
23	Fri	11:25	3.0	11:48	4.2	5:16	0.6	5:01	0.5	5:46	8:11	
24	Sat			12:07	3.0	5:59	0.7	5:45	0.7	5:45	8:12	
25	Sun	12:31	4.1	12:52	3.0	6:44	0.8	6:34	0.8	5:45	8:13	
26	Mon	1:15	4.0	1:40	3.1	7:30	0.8	7:28	0.8	5:44	8:14	
27	Tue	2:03	3.8	2:34	3.2	8:17	0.7	8:26	0.8	5:44	8:15	
28	Wed	2:55	3.7	3:32	3.5	9:05	0.6	9:27	0.7	5:43	8:15	
29	Thu	3:52	3.6	4:30	3.8	9:54	0.4	10:29	0.6	5:43	8:16	
30	Fri	4:49	3.6	5:26	4.3	10:45	0.2	11:31	0.3	5:42	8:17	
31	Sat	5:46	3.6	6:20	4.7	11:37	-0.1			5:42	8:17	