

Metompkin Inlet, VA - Jun 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:41	3.6	7:14	5.0	12:32	0.0	12:30	-0.3	5:42	8:18	
2	Mon	7:35	3.6	8:08	5.3	1:30	-0.3	1:24	-0.5	5:41	8:19	
3	Tue	8:30	3.6	9:02	5.4	2:26	-0.5	2:17	-0.7	5:41	8:19	
4	Wed	9:24	3.6	9:57	5.4	3:20	-0.5	3:10	-0.8	5:41	8:20	
5	Thu	10:19	3.6	10:51	5.2	4:13	-0.5	4:04	-0.7	5:40	8:21	
6	Fri	11:13	3.5	11:45	4.9	5:07	-0.4	4:59	-0.6	5:40	8:21	
7	Sat			12:08	3.5	6:01	-0.3	5:57	-0.3	5:40	8:22	
8	Sun	12:38	4.6	1:05	3.4	6:55	-0.1	6:57	0.0	5:40	8:22	
9	Mon	1:31	4.2	2:03	3.4	7:49	0.1	7:59	0.3	5:40	8:23	
10	Tue	2:25	3.8	3:04	3.4	8:40	0.2	9:02	0.5	5:40	8:23	
11	Wed	3:22	3.4	4:05	3.5	9:29	0.3	10:06	0.7	5:40	8:24	
12	Thu	4:18	3.2	5:01	3.6	10:16	0.4	11:08	0.7	5:40	8:24	
13	Fri	5:12	3.0	5:50	3.8	11:02	0.5			5:40	8:25	
14	Sat	6:02	2.9	6:35	4.0	12:06	0.7	11:46 AM	0.5	5:40	8:25	
15	Sun	6:47	2.9	7:17	4.1	12:57	0.7	12:30	0.5	5:40	8:25	
16	Mon	7:31	2.9	7:59	4.2	1:40	0.6	1:14	0.4	5:40	8:26	
17	Tue	8:14	3.0	8:41	4.3	2:20	0.5	1:55	0.3	5:40	8:26	
18	Wed	8:56	3.0	9:23	4.4	2:58	0.5	2:36	0.3	5:40	8:26	
19	Thu	9:38	3.1	10:04	4.4	3:35	0.5	3:17	0.3	5:40	8:27	
20	Fri	10:20	3.1	10:45	4.4	4:13	0.5	3:57	0.3	5:40	8:27	
21	Sat	11:02	3.2	11:25	4.3	4:52	0.5	4:39	0.4	5:41	8:27	
22	Sun	11:44	3.2			5:32	0.5	5:23	0.5	5:41	8:27	
23	Mon	12:05	4.2	12:28	3.3	6:14	0.5	6:11	0.6	5:41	8:27	
24	Tue	12:46	4.1	1:14	3.4	6:56	0.5	7:04	0.7	5:41	8:27	
25	Wed	1:31	3.9	2:04	3.6	7:41	0.4	8:01	0.7	5:42	8:28	
26	Thu	2:20	3.7	3:00	3.8	8:27	0.3	9:02	0.7	5:42	8:28	
27	Fri	3:15	3.5	3:59	4.1	9:17	0.2	10:06	0.6	5:42	8:28	
28	Sat	4:15	3.4	4:59	4.4	10:10	0.1	11:10	0.4	5:43	8:28	
29	Sun	5:17	3.3	5:58	4.7	11:07	-0.1			5:43	8:28	
30	Mon	6:16	3.3	6:56	5.0	12:14	0.2	12:05	-0.3	5:44	8:28	