

Metompkin Inlet, VA - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:15	3.4	7:53	5.2	1:16	0.0	1:04	-0.5	5:44	8:27	
2	Wed	8:11	3.4	8:48	5.2	2:13	-0.2	2:01	-0.7	5:45	8:27	
3	Thu	9:07	3.5	9:43	5.2	3:06	-0.4	2:56	-0.8	5:45	8:27	
4	Fri	10:02	3.6	10:35	5.1	3:57	-0.4	3:49	-0.8	5:46	8:27	
5	Sat	10:55	3.7	11:25	4.8	4:46	-0.4	4:43	-0.6	5:46	8:27	
6	Sun	11:48	3.7			5:35	-0.3	5:38	-0.3	5:47	8:27	
7	Mon	12:13	4.4	12:39	3.7	6:23	-0.2	6:34	0.0	5:47	8:26	
8	Tue	1:00	4.0	1:31	3.7	7:10	0.0	7:31	0.4	5:48	8:26	
9	Wed	1:48	3.6	2:24	3.6	7:57	0.2	8:30	0.7	5:49	8:26	
10	Thu	2:38	3.2	3:20	3.6	8:42	0.4	9:30	0.9	5:49	8:25	
11	Fri	3:31	2.9	4:16	3.7	9:28	0.6	10:30	1.0	5:50	8:25	
12	Sat	4:27	2.8	5:11	3.7	10:16	0.7	11:30	1.0	5:51	8:25	
13	Sun	5:22	2.7	6:03	3.9	11:05	0.7			5:51	8:24	
14	Mon	6:13	2.8	6:50	4.0	12:25	1.0	11:55 AM	0.6	5:52	8:24	
15	Tue	7:01	2.9	7:35	4.2	1:13	0.9	12:44	0.5	5:53	8:23	
16	Wed	7:46	3.0	8:19	4.3	1:54	0.8	1:30	0.4	5:53	8:23	
17	Thu	8:30	3.1	9:00	4.4	2:33	0.7	2:13	0.3	5:54	8:22	
18	Fri	9:13	3.3	9:41	4.5	3:10	0.5	2:55	0.2	5:55	8:21	
19	Sat	9:55	3.4	10:20	4.5	3:46	0.4	3:36	0.2	5:56	8:21	
20	Sun	10:37	3.5	10:59	4.5	4:24	0.4	4:19	0.2	5:56	8:20	
21	Mon	11:19	3.7	11:38	4.3	5:01	0.3	5:03	0.3	5:57	8:19	
22	Tue			12:02	3.8	5:41	0.3	5:51	0.4	5:58	8:19	
23	Wed	12:19	4.1	12:47	3.9	6:22	0.3	6:44	0.5	5:59	8:18	
24	Thu	1:02	3.9	1:37	4.1	7:06	0.3	7:41	0.6	6:00	8:17	
25	Fri	1:51	3.6	2:32	4.2	7:54	0.3	8:43	0.7	6:00	8:16	
26	Sat	2:47	3.3	3:34	4.3	8:47	0.2	9:48	0.7	6:01	8:16	
27	Sun	3:50	3.2	4:39	4.5	9:45	0.2	10:55	0.6	6:02	8:15	
28	Mon	4:56	3.1	5:43	4.7	10:46	0.0			6:03	8:14	
29	Tue	6:00	3.2	6:44	4.8	12:02	0.5	11:50 AM	-0.1	6:04	8:13	
30	Wed	7:01	3.3	7:41	5.0	1:04	0.2	12:51	-0.4	6:04	8:12	
31	Thu	7:58	3.5	8:35	5.0	1:59	0.0	1:49	-0.6	6:05	8:11	