

Metompkin Inlet, VA - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:52	3.7	9:26	5.0	2:49	-0.2	2:43	-0.7	6:06	8:10	
2	Sat	9:44	3.9	10:14	4.8	3:35	-0.3	3:35	-0.6	6:07	8:09	
3	Sun	10:33	4.0	10:59	4.6	4:19	-0.3	4:25	-0.5	6:08	8:08	
4	Mon	11:21	4.0	11:43	4.2	5:02	-0.2	5:15	-0.2	6:09	8:07	
5	Tue			12:07	4.0	5:44	-0.1	6:06	0.2	6:10	8:06	
6	Wed	12:26	3.9	12:54	4.0	6:26	0.2	6:59	0.5	6:10	8:05	
7	Thu	1:09	3.5	1:41	3.9	7:09	0.4	7:53	0.8	6:11	8:04	
8	Fri	1:55	3.1	2:33	3.8	7:54	0.7	8:49	1.1	6:12	8:03	
9	Sat	2:46	2.9	3:30	3.7	8:42	0.8	9:48	1.3	6:13	8:02	
10	Sun	3:43	2.7	4:30	3.7	9:33	0.9	10:49	1.3	6:14	8:00	
11	Mon	4:43	2.7	5:29	3.8	10:27	1.0	11:48	1.3	6:15	7:59	
12	Tue	5:40	2.8	6:22	4.0	11:22	0.9			6:16	7:58	
13	Wed	6:31	3.0	7:08	4.2	12:39	1.2	12:15	0.7	6:16	7:57	
14	Thu	7:18	3.2	7:51	4.4	1:22	1.0	1:04	0.5	6:17	7:56	
15	Fri	8:02	3.4	8:32	4.5	2:00	0.8	1:49	0.3	6:18	7:54	
16	Sat	8:45	3.7	9:12	4.6	2:37	0.6	2:32	0.2	6:19	7:53	
17	Sun	9:28	3.9	9:52	4.6	3:13	0.4	3:15	0.1	6:20	7:52	
18	Mon	10:10	4.1	10:31	4.5	3:50	0.2	3:59	0.1	6:21	7:51	
19	Tue	10:52	4.3	11:12	4.4	4:27	0.1	4:45	0.1	6:22	7:49	
20	Wed	11:36	4.4	11:54	4.1	5:07	0.1	5:34	0.2	6:22	7:48	
21	Thu			12:22	4.5	5:49	0.2	6:27	0.4	6:23	7:46	
22	Fri	12:39	3.8	1:13	4.5	6:36	0.2	7:25	0.6	6:24	7:45	
23	Sat	1:29	3.5	2:10	4.5	7:28	0.3	8:29	0.8	6:25	7:44	
24	Sun	2:27	3.3	3:15	4.4	8:26	0.4	9:35	0.9	6:26	7:42	
25	Mon	3:34	3.1	4:25	4.5	9:29	0.4	10:44	0.8	6:27	7:41	
26	Tue	4:44	3.1	5:33	4.6	10:35	0.3	11:51	0.7	6:27	7:40	
27	Wed	5:52	3.2	6:35	4.7	11:41	0.1			6:28	7:38	
28	Thu	6:52	3.5	7:30	4.8	12:51	0.4	12:43	-0.1	6:29	7:37	
29	Fri	7:46	3.8	8:19	4.8	1:42	0.2	1:40	-0.3	6:30	7:35	
30	Sat	8:36	4.0	9:05	4.7	2:27	0.0	2:31	-0.4	6:31	7:34	
31	Sun	9:23	4.2	9:48	4.5	3:08	-0.1	3:19	-0.3	6:32	7:32	