

Metompkin Inlet, VA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:26	3.8	11:47	3.2	4:49	0.2	5:30	0.3	7:17	4:54	
2	Fri			12:06	3.6	5:37	0.3	6:13	0.3	7:17	4:55	
3	Sat	12:34	3.3	12:51	3.4	6:31	0.5	6:58	0.2	7:17	4:56	
4	Sun	1:27	3.4	1:43	3.2	7:30	0.5	7:47	0.1	7:17	4:57	
5	Mon	2:25	3.6	2:42	3.0	8:32	0.5	8:41	0.0	7:17	4:58	
6	Tue	3:28	3.9	3:45	3.0	9:37	0.4	9:38	-0.2	7:17	4:59	
7	Wed	4:30	4.2	4:47	3.0	10:42	0.2	10:38	-0.5	7:17	4:59	
8	Thu	5:30	4.5	5:46	3.1	11:45	-0.1	11:38	-0.8	7:17	5:00	
9	Fri	6:27	4.8	6:44	3.2			12:44	-0.4	7:17	5:01	
10	Sat	7:23	4.9	7:39	3.4	12:36	-1.1	1:38	-0.7	7:17	5:02	
11	Sun	8:17	5.0	8:34	3.5	1:31	-1.3	2:28	-0.8	7:17	5:03	
12	Mon	9:09	4.9	9:27	3.6	2:25	-1.4	3:17	-0.9	7:16	5:04	
13	Tue	9:59	4.7	10:19	3.7	3:18	-1.3	4:05	-0.9	7:16	5:05	
14	Wed	10:47	4.4	11:10	3.7	4:11	-1.0	4:53	-0.8	7:16	5:06	
15	Thu	11:34	3.9			5:06	-0.7	5:41	-0.6	7:16	5:07	
16	Fri	12:02	3.6	12:22	3.5	6:03	-0.3	6:28	-0.4	7:15	5:08	
17	Sat	12:55	3.5	1:11	3.1	7:01	0.0	7:17	-0.1	7:15	5:09	
18	Sun	1:51	3.4	2:04	2.7	8:02	0.4	8:06	0.1	7:14	5:10	
19	Mon	2:51	3.3	3:02	2.5	9:05	0.6	8:58	0.2	7:14	5:12	
20	Tue	3:52	3.3	4:01	2.4	10:09	0.7	9:51	0.2	7:13	5:13	
21	Wed	4:50	3.4	4:56	2.4	11:11	0.7	10:44	0.2	7:13	5:14	
22	Thu	5:41	3.5	5:45	2.5			12:02	0.6	7:12	5:15	
23	Fri	6:27	3.7	6:31	2.7			12:44	0.5	7:12	5:16	
24	Sat	7:09	3.8	7:14	2.8	12:20	-0.1	1:21	0.3	7:11	5:17	
25	Sun	7:49	4.0	7:56	3.0	1:03	-0.2	1:56	0.2	7:11	5:18	
26	Mon	8:28	4.1	8:37	3.1	1:44	-0.3	2:30	0.1	7:10	5:19	
27	Tue	9:06	4.1	9:18	3.3	2:23	-0.4	3:05	0.0	7:09	5:20	
28	Wed	9:43	4.0	9:57	3.4	3:03	-0.3	3:40	0.0	7:08	5:21	
29	Thu	10:20	3.9	10:37	3.5	3:44	-0.2	4:16	-0.1	7:08	5:22	
30	Fri	10:57	3.7	11:19	3.6	4:28	-0.1	4:55	0.0	7:07	5:24	
31	Sat	11:37	3.5			5:16	0.0	5:36	0.0	7:06	5:25	