

Metompkin Inlet, VA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:02	3.8	7:25	4.2	12:46	1.0	12:55	0.7	6:58	6:45	
2	Fri	7:43	4.1	8:04	4.2	1:22	0.7	1:39	0.5	6:59	6:44	
3	Sat	8:23	4.4	8:43	4.2	1:57	0.5	2:21	0.4	6:59	6:42	
4	Sun	9:03	4.7	9:22	4.2	2:33	0.4	3:03	0.3	7:00	6:41	
5	Mon	9:43	4.8	10:03	4.1	3:10	0.3	3:46	0.3	7:01	6:39	
6	Tue	10:26	4.9	10:45	3.9	3:48	0.2	4:31	0.3	7:02	6:38	
7	Wed	11:10	4.9	11:29	3.7	4:29	0.3	5:19	0.5	7:03	6:36	
8	Thu	11:58	4.9			5:14	0.4	6:12	0.6	7:04	6:35	
9	Fri	12:16	3.5	12:51	4.7	6:05	0.5	7:10	0.8	7:05	6:33	
10	Sat	1:10	3.4	1:49	4.6	7:04	0.6	8:12	0.9	7:06	6:32	
11	Sun	2:12	3.3	2:54	4.5	8:08	0.6	9:16	0.9	7:07	6:30	
12	Mon	3:22	3.3	4:03	4.4	9:16	0.6	10:18	0.7	7:08	6:29	
13	Tue	4:33	3.5	5:08	4.4	10:24	0.5	11:16	0.5	7:09	6:27	
14	Wed	5:37	3.8	6:06	4.4	11:31	0.3			7:10	6:26	
15	Thu	6:34	4.2	6:58	4.3	12:09	0.2	12:32	0.1	7:10	6:25	
16	Fri	7:24	4.5	7:47	4.3	12:58	0.0	1:29	-0.1	7:11	6:23	
17	Sat	8:12	4.8	8:33	4.1	1:43	-0.2	2:20	-0.2	7:12	6:22	
18	Sun	8:58	4.9	9:17	4.0	2:25	-0.3	3:08	-0.2	7:13	6:21	
19	Mon	9:42	5.0	10:01	3.8	3:07	-0.2	3:53	-0.1	7:14	6:19	
20	Tue	10:26	4.9	10:45	3.6	3:48	-0.1	4:38	0.1	7:15	6:18	
21	Wed	11:11	4.7	11:28	3.4	4:29	0.1	5:24	0.4	7:16	6:17	
22	Thu	11:56	4.5			5:13	0.4	6:12	0.7	7:17	6:15	
23	Fri	12:13	3.2	12:43	4.2	5:59	0.7	7:03	1.0	7:18	6:14	
24	Sat	1:00	3.0	1:34	4.0	6:49	0.9	7:56	1.2	7:19	6:13	
25	Sun	1:52	2.9	2:28	3.8	7:44	1.1	8:49	1.3	7:20	6:12	
26	Mon	2:51	2.9	3:26	3.7	8:41	1.2	9:40	1.3	7:21	6:10	
27	Tue	3:52	3.0	4:23	3.7	9:39	1.2	10:28	1.2	7:22	6:09	
28	Wed	4:50	3.3	5:14	3.7	10:36	1.1	11:12	1.1	7:23	6:08	
29	Thu	5:41	3.6	6:01	3.8	11:31	1.0	11:55	0.8	7:24	6:07	
30	Fri	6:26	3.9	6:44	3.8			12:22	0.8	7:25	6:06	
31	Sat	7:09	4.3	7:27	3.9	12:36	0.6	1:10	0.5	7:26	6:05	