

Metompkin Inlet, VA - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:09	4.9	7:26	3.5	12:25	-0.2	1:21	-0.1	6:58	4:44	
2	Wed	7:58	5.1	8:15	3.6	1:13	-0.4	2:10	-0.2	6:59	4:43	
3	Thu	8:48	5.2	9:06	3.6	2:02	-0.6	3:00	-0.3	7:00	4:43	
4	Fri	9:39	5.1	9:58	3.5	2:52	-0.7	3:51	-0.3	7:01	4:43	
5	Sat	10:31	5.0	10:52	3.5	3:44	-0.6	4:44	-0.2	7:02	4:43	
6	Sun	11:24	4.7	11:48	3.5	4:40	-0.4	5:38	-0.2	7:03	4:43	
7	Mon			12:18	4.4	5:41	-0.2	6:34	-0.1	7:04	4:43	
8	Tue	12:48	3.5	1:15	4.0	6:45	0.0	7:29	-0.1	7:05	4:43	
9	Wed	1:52	3.5	2:15	3.6	7:51	0.2	8:23	-0.1	7:05	4:43	
10	Thu	2:58	3.6	3:16	3.3	8:59	0.3	9:17	-0.1	7:06	4:43	
11	Fri	4:02	3.8	4:16	3.1	10:06	0.3	10:10	-0.1	7:07	4:44	
12	Sat	4:59	4.0	5:12	3.0	11:11	0.2	11:01	-0.1	7:08	4:44	
13	Sun	5:50	4.1	6:01	2.9			12:08	0.1	7:09	4:44	
14	Mon	6:36	4.2	6:47	2.9			12:57	0.1	7:09	4:44	
15	Tue	7:20	4.3	7:31	2.9	12:35	-0.2	1:40	0.0	7:10	4:44	
16	Wed	8:03	4.3	8:14	3.0	1:18	-0.3	2:20	0.1	7:11	4:45	
17	Thu	8:45	4.3	8:56	3.0	2:00	-0.3	2:58	0.1	7:11	4:45	
18	Fri	9:26	4.2	9:38	3.0	2:40	-0.2	3:36	0.2	7:12	4:46	
19	Sat	10:07	4.1	10:20	3.0	3:21	-0.1	4:15	0.3	7:12	4:46	
20	Sun	10:47	4.0	11:02	3.0	4:02	0.1	4:54	0.4	7:13	4:46	
21	Mon	11:26	3.8	11:46	3.0	4:45	0.3	5:34	0.5	7:13	4:47	
22	Tue			12:07	3.6	5:32	0.5	6:15	0.5	7:14	4:47	
23	Wed	12:32	3.0	12:50	3.4	6:22	0.7	6:57	0.6	7:14	4:48	
24	Thu	1:21	3.1	1:37	3.2	7:16	0.8	7:41	0.5	7:15	4:49	
25	Fri	2:15	3.3	2:29	3.0	8:12	0.8	8:28	0.4	7:15	4:49	
26	Sat	3:11	3.5	3:25	3.0	9:11	0.8	9:18	0.3	7:16	4:50	
27	Sun	4:07	3.8	4:21	3.0	10:11	0.6	10:11	0.1	7:16	4:50	
28	Mon	5:02	4.1	5:16	3.0	11:11	0.4	11:05	-0.2	7:16	4:51	
29	Tue	5:55	4.4	6:10	3.2			12:08	0.1	7:16	4:52	
30	Wed	6:48	4.7	7:03	3.3	12:00	-0.5	1:02	-0.2	7:17	4:53	
31	Thu	7:41	5.0	7:56	3.4	12:53	-0.8	1:53	-0.5	7:17	4:53	