

Metompkin Inlet, VA - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:20	3.1	6:13	0.4	6:05	0.5	5:42	8:18	
2	Wed	12:43	3.9	1:06	3.1	6:57	0.6	6:55	0.7	5:41	8:18	
3	Thu	1:28	3.7	1:56	3.1	7:41	0.7	7:47	0.9	5:41	8:19	
4	Fri	2:15	3.5	2:48	3.2	8:25	0.8	8:41	1.0	5:41	8:20	
5	Sat	3:05	3.3	3:42	3.3	9:08	0.8	9:37	1.1	5:41	8:20	
6	Sun	3:58	3.2	4:35	3.6	9:53	0.8	10:33	1.0	5:40	8:21	
7	Mon	4:50	3.1	5:26	3.8	10:39	0.7	11:28	0.9	5:40	8:21	
8	Tue	5:41	3.2	6:14	4.1	11:26	0.5			5:40	8:22	
9	Wed	6:31	3.2	7:02	4.4	12:22	0.7	12:15	0.3	5:40	8:22	
10	Thu	7:19	3.3	7:49	4.7	1:13	0.4	1:04	0.1	5:40	8:23	
11	Fri	8:07	3.4	8:37	4.9	2:02	0.2	1:52	-0.1	5:40	8:23	
12	Sat	8:56	3.5	9:26	5.1	2:50	0.0	2:40	-0.3	5:40	8:24	
13	Sun	9:46	3.6	10:15	5.1	3:38	-0.1	3:30	-0.4	5:40	8:24	
14	Mon	10:37	3.6	11:05	5.1	4:27	-0.2	4:21	-0.4	5:40	8:25	
15	Tue	11:28	3.7	11:55	4.9	5:16	-0.3	5:15	-0.3	5:40	8:25	
16	Wed			12:22	3.8	6:07	-0.2	6:12	-0.2	5:40	8:25	
17	Thu	12:46	4.6	1:17	3.8	6:59	-0.2	7:13	0.0	5:40	8:26	
18	Fri	1:39	4.2	2:16	3.9	7:51	-0.2	8:16	0.2	5:40	8:26	
19	Sat	2:35	3.9	3:18	4.0	8:44	-0.1	9:22	0.3	5:40	8:26	
20	Sun	3:35	3.5	4:21	4.1	9:37	-0.1	10:28	0.4	5:40	8:27	
21	Mon	4:36	3.3	5:22	4.2	10:31	-0.1	11:34	0.4	5:41	8:27	
22	Tue	5:36	3.1	6:18	4.4	11:26	-0.1			5:41	8:27	
23	Wed	6:32	3.0	7:09	4.4	12:37	0.3	12:19	-0.1	5:41	8:27	
24	Thu	7:23	3.0	7:58	4.5	1:32	0.2	1:11	-0.1	5:41	8:27	
25	Fri	8:11	3.1	8:43	4.5	2:20	0.1	1:59	-0.1	5:42	8:27	
26	Sat	8:57	3.1	9:27	4.5	3:03	0.1	2:44	-0.1	5:42	8:28	
27	Sun	9:42	3.2	10:10	4.4	3:43	0.1	3:27	-0.1	5:42	8:28	
28	Mon	10:25	3.2	10:51	4.3	4:22	0.2	4:09	0.0	5:43	8:28	
29	Tue	11:08	3.3	11:31	4.2	5:00	0.3	4:51	0.2	5:43	8:28	
30	Wed	11:51	3.3			5:38	0.4	5:35	0.4	5:44	8:28	