US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Apr 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:57**	3.6	**8:10**	3.7	**1:35**	0.1	**1:51**	0.3	6:47	7:24	
2	Sat	**8:34**	3.6	**8:48**	4.0	**2:14**	0.0	**2:24**	0.2	6:46	7:25	
3	Sun	**9:11**	3.6	**9:26**	4.1	**2:52**	-0.1	**2:58**	0.1	6:44	7:26	
4	Mon	**9:49**	3.6	**10:05**	4.2	**3:29**	0.0	**3:32**	0.1	6:43	7:27	
5	Tue	**10:26**	3.5	**10:43**	4.2	**4:07**	0.0	**4:07**	0.2	6:41	7:28	
6	Wed	**11:04**	3.4	**11:23**	4.2	**4:46**	0.2	**4:44**	0.3	6:40	7:29	
7	Thu	**11:43**	3.3			**5:27**	0.3	**5:24**	0.4	6:38	7:30	
8	Fri	**12:04**	4.1	**12:23**	3.2	**6:12**	0.5	**6:08**	0.5	6:37	7:31	
9	Sat	**12:48**	4.0	**1:09**	3.1	**7:01**	0.7	**6:58**	0.6	6:35	7:32	
10	Sun	**1:39**	4.0	**2:01**	3.0	**7:55**	0.7	**7:55**	0.6	6:34	7:33	
11	Mon	**2:36**	3.9	**3:02**	3.1	**8:52**	0.7	**8:57**	0.5	6:32	7:33	
12	Tue	**3:38**	3.9	**4:07**	3.3	**9:50**	0.6	**10:02**	0.3	6:31	7:34	
13	Wed	**4:41**	4.0	**5:10**	3.6	**10:47**	0.3	**11:06**	0.1	6:30	7:35	
14	Thu	**5:41**	4.1	**6:09**	4.1	**11:42**	0.0			6:28	7:36	
15	Fri	**6:37**	4.2	**7:03**	4.5	**12:09**	-0.3	**12:35**	-0.3	6:27	7:37	
16	Sat	**7:30**	4.2	**7:56**	4.9	**1:09**	-0.6	**1:26**	-0.6	6:25	7:38	
17	Sun	**8:22**	4.2	**8:48**	5.1	**2:05**	-0.9	**2:15**	-0.8	6:24	7:39	
18	Mon	**9:13**	4.1	**9:39**	5.2	**2:58**	-1.0	**3:03**	-0.9	6:23	7:40	
19	Tue	**10:04**	4.0	**10:30**	5.1	**3:50**	-1.0	**3:52**	-0.9	6:21	7:41	
20	Wed	**10:54**	3.8	**11:21**	4.9	**4:42**	-0.8	**4:41**	-0.7	6:20	7:42	
21	Thu	**11:45**	3.5			**5:35**	-0.5	**5:33**	-0.4	6:19	7:43	
22	Fri	**12:13**	4.6	**12:36**	3.3	**6:30**	-0.2	**6:27**	-0.1	6:17	7:43	
23	Sat	**1:06**	4.3	**1:30**	3.1	**7:27**	0.2	**7:25**	0.2	6:16	7:44	
24	Sun	**2:02**	3.9	**2:29**	3.0	**8:25**	0.4	**8:26**	0.5	6:15	7:45	
25	Mon	**3:02**	3.6	**3:32**	2.9	**9:22**	0.6	**9:28**	0.6	6:14	7:46	
26	Tue	**4:04**	3.4	**4:36**	3.1	**10:16**	0.7	**10:30**	0.7	6:12	7:47	
27	Wed	**5:03**	3.3	**5:31**	3.3	**11:05**	0.7	**11:28**	0.7	6:11	7:48	
28	Thu	**5:53**	3.3	**6:17**	3.5	**11:49**	0.6			6:10	7:49	
29	Fri	**6:37**	3.3	**6:59**	3.8	**12:20**	0.6	**12:29**	0.5	6:09	7:50	
30	Sat	**7:18**	3.4	**7:38**	4.0	**1:06**	0.4	**1:07**	0.4	6:07	7:51	