US HARBORS www.USHarbors.com

Metompkin Inlet, VA - May 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:58	3.4	8:18	4.2	1:47	0.3	1:44	0.3	6:06	7:52	
2	Mon	8:38	3.4	8:58	4.4	2:27	0.2	2:22	0.3	6:05	7:53	
3	Tue	9:18	3.4	9:38	4.5	3:05	0.2	2:59	0.2	6:04	7:54	
4	Wed	9:58	3.4	10:18	4.5	3:44	0.2	3:37	0.2	6:03	7:54	
5	Thu	10:39	3.4	11:00	4.5	4:25	0.2	4:17	0.3	6:02	7:55	
6	Fri	11:20	3.3	11:43	4.4	5:07	0.3	4:59	0.4	6:01	7:56	
7	Sat			12:04	3.3	5:53	0.4	5:46	0.4	6:00	7:57	
8	Sun	12:28	4.3	12:51	3.3	6:42	0.5	6:39	0.5	5:59	7:58	
9	Mon	1:17	4.2	1:44	3.3	7:34	0.5	7:37	0.5	5:58	7:59	
10	Tue	2:11	4.1	2:43	3.4	8:27	0.5	8:39	0.5	5:57	8:00	
11	Wed	3:10	4.0	3:46	3.6	9:22	0.3	9:44	0.4	5:56	8:01	
12	Thu	4:12	3.9	4:49	4.0	10:16	0.1	10:49	0.2	5:55	8:02	
13	Fri	5:12	3.9	5:47	4.4	11:11	-0.1	11:53	-0.1	5:54	8:03	
14	Sat	6:10	3.8	6:43	4.7			12:05	-0.4	5:53	8:03	
15	Sun	7:05	3.8	7:36	5.0	12:54	-0.3	12:58	-0.6	5:52	8:04	
16	Mon	7:59	3.8	8:29	5.2	1:51	-0.5	1:49	-0.7	5:51	8:05	
17	Tue	8:51	3.7	9:20	5.2	2:44	-0.7	2:40	-0.8	5:51	8:06	
18	Wed	9:43	3.6	10:11	5.1	3:36	-0.6	3:29	-0.7	5:50	8:07	
19	Thu	10:34	3.5	11:02	4.9	4:26	-0.5	4:19	-0.6	5:49	8:08	
20	Fri	11:24	3.4	11:51	4.6	5:16	-0.3	5:10	-0.3	5:48	8:08	
21	Sat			12:14	3.3	6:07	-0.1	6:03	0.0	5:48	8:09	
22	Sun	12:40	4.2	1:05	3.2	6:59	0.2	6:57	0.3	5:47	8:10	
23	Mon	1:30	3.9	1:58	3.1	7:50	0.4	7:54	0.6	5:46	8:11	
24	Tue	2:22	3.6	2:55	3.1	8:39	0.6	8:52	0.8	5:46	8:12	
25	Wed	3:15	3.4	3:52	3.2	9:25	0.7	9:50	0.9	5:45	8:12	
26	Thu	4:10	3.2	4:47	3.4	10:11	0.7	10:46	0.9	5:45	8:13	
27	Fri	5:03	3.1	5:36	3.6	10:55	0.7	11:41	0.8	5:44	8:14	
28	Sat	5:52	3.1	6:22	3.9	11:39	0.6			5:44	8:15	
29	Sun	6:37	3.1	7:05	4.1	12:31	0.7	12:22	0.5	5:43	8:15	
30	Mon	7:22	3.2	7:48	4.3	1:17	0.6	1:05	0.4	5:43	8:16	
31	Tue	8:05	3.3	8:30	4.5	1:59	0.4	1:48	0.3	5:42	8:17	