US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jun 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:48	3.3	9:13	4.6	2:41	0.3	2:30	0.2	5:42	8:18	
2	Thu	9:31	3.4	9:56	4.7	3:22	0.2	3:12	0.1	5:41	8:18	
3	Fri	10:15	3.4	10:39	4.7	4:05	0.2	3:55	0.1	5:41	8:19	
4	Sat	11:00	3.4	11:24	4.7	4:48	0.2	4:40	0.1	5:41	8:19	
5	Sun	11:46	3.5			5:34	0.2	5:30	0.2	5:41	8:20	
6	Mon	12:09	4.6	12:35	3.5	6:21	0.2	6:24	0.3	5:40	8:21	
7	Tue	12:57	4.4	1:28	3.6	7:11	0.2	7:22	0.3	5:40	8:21	
8	Wed	1:49	4.1	2:25	3.8	8:02	0.1	8:24	0.4	5:40	8:22	
9	Thu	2:45	3.9	3:26	3.9	8:55	0.0	9:28	0.4	5:40	8:22	
10	Fri	3:45	3.7	4:28	4.2	9:48	-0.1	10:33	0.3	5:40	8:23	
11	Sat	4:46	3.5	5:28	4.5	10:43	-0.2	11:38	0.1	5:40	8:23	
12	Sun	5:46	3.4	6:26	4.7	11:39	-0.3			5:40	8:24	
13	Mon	6:44	3.4	7:20	4.9	12:41	0.0	12:35	-0.5	5:40	8:24	
14	Tue	7:39	3.4	8:13	5.0	1:39	-0.2	1:29	-0.6	5:40	8:25	
15	Wed	8:32	3.4	9:04	4.9	2:32	-0.3	2:20	-0.6	5:40	8:25	
16	Thu	9:23	3.4	9:54	4.9	3:21	-0.4	3:10	-0.6	5:40	8:25	
17	Fri	10:13	3.4	10:41	4.7	4:08	-0.3	3:59	-0.4	5:40	8:26	
18	Sat	11:01	3.4	11:27	4.5	4:54	-0.2	4:47	-0.2	5:40	8:26	
19	Sun	11:48	3.4			5:39	0.0	5:36	0.0	5:40	8:26	
20	Mon	12:11	4.2	12:35	3.3	6:24	0.2	6:26	0.3	5:40	8:27	
21	Tue	12:55	3.9	1:23	3.3	7:08	0.3	7:18	0.6	5:40	8:27	
22	Wed	1:40	3.6	2:13	3.3	7:51	0.5	8:11	0.8	5:41	8:27	
23	Thu	2:28	3.3	3:06	3.4	8:34	0.6	9:06	1.0	5:41	8:27	
24	Fri	3:19	3.1	4:00	3.5	9:18	0.7	10:01	1.1	5:41	8:27	
25	Sat	4:12	3.0	4:53	3.7	10:04	0.7	10:57	1.1	5:42	8:27	
26	Sun	5:05	2.9	5:44	3.9	10:51	0.7	11:51	1.0	5:42	8:28	
27	Mon	5:57	3.0	6:32	4.1	11:40	0.6			5:42	8:28	
28	Tue	6:45	3.1	7:18	4.3	12:42	0.8	12:29	0.4	5:43	8:28	
29	Wed	7:32	3.2	8:04	4.6	1:30	0.6	1:17	0.2	5:43	8:28	
30	Thu	8:19	3.3	8:49	4.7	2:15	0.4	2:03	0.0	5:43	8:28	