



Metompkin Inlet, VA - Jul 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:05	3.5	9:34	4.8	2:59	0.2	2:49	-0.1	5:44	8:28	●
2	Sat	9:52	3.6	10:19	4.9	3:42	0.1	3:36	-0.2	5:44	8:27	●
3	Sun	10:39	3.7	11:04	4.8	4:26	-0.1	4:24	-0.2	5:45	8:27	●
4	Mon	11:28	3.9	11:50	4.7	5:11	-0.1	5:15	-0.1	5:45	8:27	●
5	Tue			12:17	4.0	5:57	-0.2	6:10	0.0	5:46	8:27	◐
6	Wed	12:38	4.4	1:09	4.0	6:46	-0.2	7:08	0.2	5:46	8:27	◑
7	Thu	1:28	4.1	2:05	4.1	7:36	-0.1	8:10	0.3	5:47	8:27	◑
8	Fri	2:22	3.7	3:06	4.2	8:29	-0.1	9:14	0.4	5:48	8:26	◒
9	Sat	3:22	3.4	4:09	4.3	9:23	-0.1	10:20	0.4	5:48	8:26	◒
10	Sun	4:25	3.2	5:12	4.4	10:20	-0.1	11:27	0.4	5:49	8:26	◒
11	Mon	5:28	3.1	6:12	4.5	11:19	-0.2			5:49	8:25	◒
12	Tue	6:28	3.1	7:08	4.6	12:31	0.3	12:18	-0.2	5:50	8:25	◓
13	Wed	7:23	3.2	8:00	4.7	1:28	0.1	1:13	-0.3	5:51	8:24	◓
14	Thu	8:15	3.3	8:49	4.7	2:19	0.0	2:05	-0.4	5:51	8:24	◓
15	Fri	9:04	3.4	9:35	4.6	3:04	-0.1	2:54	-0.4	5:52	8:24	◓
16	Sat	9:51	3.5	10:18	4.5	3:46	-0.1	3:39	-0.3	5:53	8:23	◓
17	Sun	10:36	3.5	11:00	4.3	4:26	0.0	4:24	-0.1	5:54	8:22	◓
18	Mon	11:19	3.6	11:40	4.1	5:05	0.1	5:08	0.1	5:54	8:22	◓
19	Tue			12:02	3.6	5:44	0.2	5:54	0.4	5:55	8:21	◑
20	Wed	12:20	3.8	12:46	3.6	6:23	0.4	6:41	0.7	5:56	8:21	◑
21	Thu	1:01	3.6	1:31	3.6	7:03	0.5	7:31	0.9	5:57	8:20	◑
22	Fri	1:45	3.3	2:20	3.6	7:45	0.7	8:23	1.1	5:57	8:19	◑
23	Sat	2:32	3.1	3:13	3.6	8:30	0.8	9:17	1.2	5:58	8:19	◒
24	Sun	3:25	3.0	4:09	3.7	9:18	0.8	10:14	1.3	5:59	8:18	◒
25	Mon	4:21	2.9	5:05	3.9	10:09	0.8	11:11	1.2	6:00	8:17	◒
26	Tue	5:18	3.0	5:58	4.1	11:02	0.7			6:01	8:16	◒
27	Wed	6:11	3.1	6:49	4.4	12:07	1.0	11:56 AM	0.5	6:01	8:15	◑
28	Thu	7:02	3.3	7:37	4.7	12:58	0.7	12:49	0.2	6:02	8:15	◑
29	Fri	7:51	3.6	8:23	4.9	1:46	0.4	1:40	-0.1	6:03	8:14	◑
30	Sat	8:40	3.8	9:10	5.0	2:31	0.1	2:29	-0.3	6:04	8:13	◑
31	Sun	9:29	4.0	9:56	5.0	3:15	-0.1	3:18	-0.4	6:05	8:12	●