

































## Metompkin Inlet, VA - Aug 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:17	4.3	10:42	4.9	3:59	-0.3	4:08	-0.5	6:06	8:11	
2	Tue	11:07	4.4	11:29	4.7	4:44	-0.4	5:00	-0.4	6:06	8:10	
3	Wed	11:57	4.5			5:30	-0.4	5:55	-0.2	6:07	8:09	
4	Thu	12:17	4.4	12:49	4.5	6:18	-0.3	6:53	0.1	6:08	8:08	
5	Fri	1:07	4.0	1:45	4.5	7:10	-0.2	7:55	0.3	6:09	8:07	
6	Sat	2:02	3.6	2:46	4.4	8:04	-0.1	9:00	0.5	6:10	8:06	
7	Sun	3:02	3.3	3:52	4.3	9:02	0.1	10:08	0.6	6:11	8:05	
8	Mon	4:08	3.1	4:59	4.3	10:03	0.1	11:16	0.6	6:11	8:04	
9	Tue	5:15	3.0	6:02	4.4	11:05	0.1			6:12	8:02	
10	Wed	6:17	3.1	6:58	4.4	12:21	0.5	12:06	0.1	6:13	8:01	
11	Thu	7:11	3.3	7:47	4.5	1:16	0.4	1:02	0.0	6:14	8:00	
12	Fri	7:59	3.4	8:31	4.5	2:02	0.3	1:52	-0.1	6:15	7:59	
13	Sat	8:44	3.6	9:12	4.4	2:42	0.2	2:37	-0.1	6:16	7:58	
14	Sun	9:27	3.7	9:51	4.3	3:18	0.1	3:19	-0.1	6:17	7:57	
15	Mon	10:08	3.9	10:29	4.2	3:53	0.1	4:00	0.1	6:17	7:55	
16	Tue	10:48	3.9	11:08	4.0	4:28	0.2	4:41	0.2	6:18	7:54	
17	Wed	11:28	4.0	11:46	3.8	5:03	0.3	5:23	0.5	6:19	7:53	
18	Thu			12:09	3.9	5:39	0.5	6:07	0.7	6:20	7:51	
19	Fri	12:25	3.6	12:52	3.9	6:18	0.7	6:53	1.0	6:21	7:50	
20	Sat	1:06	3.4	1:38	3.8	6:59	0.8	7:43	1.2	6:22	7:49	
21	Sun	1:51	3.2	2:29	3.8	7:46	1.0	8:38	1.4	6:23	7:47	
22	Mon	2:43	3.0	3:26	3.8	8:36	1.0	9:35	1.4	6:23	7:46	
23	Tue	3:41	3.0	4:26	4.0	9:31	1.0	10:34	1.3	6:24	7:45	
24	Wed	4:42	3.1	5:24	4.2	10:29	0.8	11:31	1.1	6:25	7:43	
25	Thu	5:40	3.3	6:18	4.5	11:27	0.6			6:26	7:42	
26	Fri	6:34	3.6	7:08	4.7	12:25	0.8	12:24	0.3	6:27	7:41	
27	Sat	7:25	3.9	7:56	4.9	1:14	0.4	1:18	-0.1	6:28	7:39	
28	Sun	8:15	4.3	8:44	5.0	2:01	0.1	2:10	-0.4	6:29	7:38	
29	Mon	9:05	4.6	9:31	5.0	2:45	-0.2	3:01	-0.6	6:29	7:36	
30	Tue	9:54	4.9	10:19	4.9	3:30	-0.5	3:52	-0.6	6:30	7:35	
31	Wed	10:44	5.0	11:07	4.6	4:15	-0.5	4:45	-0.5	6:31	7:33	