US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Oct 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:08	5.2	5:27	-0.3	6:22	0.1	6:57	6:46	
2	Sun	12:29	3.8	1:04	4.8	6:22	0.0	7:23	0.4	6:58	6:44	
3	Mon	1:25	3.5	2:04	4.5	7:21	0.3	8:28	0.7	6:59	6:43	
4	Tue	2:28	3.3	3:11	4.2	8:25	0.5	9:34	0.8	7:00	6:41	
5	Wed	3:38	3.2	4:21	4.0	9:31	0.7	10:38	0.9	7:01	6:40	
6	Thu	4:49	3.2	5:24	4.0	10:36	0.7	11:34	0.8	7:02	6:38	
7	Fri	5:49	3.4	6:16	3.9	11:38	0.7			7:03	6:37	
8	Sat	6:37	3.6	6:58	3.9	12:21	0.7	12:32	0.6	7:04	6:35	
9	Sun	7:17	3.9	7:36	3.9	1:00	0.6	1:18	0.5	7:04	6:34	
10	Mon	7:55	4.1	8:13	3.9	1:34	0.5	1:58	0.4	7:05	6:32	
11	Tue	8:32	4.3	8:50	3.9	2:07	0.4	2:36	0.4	7:06	6:31	
12	Wed	9:10	4.4	9:28	3.8	2:40	0.4	3:14	0.4	7:07	6:30	
13	Thu	9:48	4.5	10:06	3.8	3:14	0.4	3:51	0.5	7:08	6:28	
14	Fri	10:27	4.5	10:45	3.6	3:49	0.5	4:30	0.6	7:09	6:27	
15	Sat	11:07	4.5	11:24	3.5	4:26	0.6	5:11	0.8	7:10	6:25	
16	Sun	11:48	4.4			5:05	0.8	5:55	1.0	7:11	6:24	
17	Mon	12:05	3.4	12:32	4.3	5:47	0.9	6:43	1.2	7:12	6:23	
18	Tue	12:49	3.3	1:20	4.2	6:36	1.0	7:36	1.2	7:13	6:21	
19	Wed	1:40	3.2	2:14	4.1	7:31	1.1	8:31	1.2	7:14	6:20	
20	Thu	2:38	3.3	3:13	4.1	8:31	1.0	9:26	1.0	7:15	6:19	
21	Fri	3:42	3.4	4:14	4.2	9:34	0.9	10:21	0.8	7:16	6:17	
22	Sat	4:45	3.8	5:12	4.3	10:37	0.6	11:15	0.4	7:17	6:16	
23	Sun	5:43	4.2	6:08	4.4	11:39	0.3			7:18	6:15	
24	Mon	6:37	4.7	7:00	4.4	12:07	0.1	12:39	-0.1	7:19	6:13	
25	Tue	7:29	5.1	7:51	4.4	12:57	-0.3	1:36	-0.4	7:20	6:12	
26	Wed	8:20	5.4	8:42	4.4	1:46	-0.6	2:30	-0.6	7:21	6:11	
27	Thu	9:12	5.5	9:33	4.2	2:34	-0.7	3:22	-0.6	7:22	6:10	
28	Fri	10:03	5.5	10:25	4.1	3:23	-0.8	4:15	-0.5	7:23	6:09	
29	Sat	10:56	5.4	11:16	3.8	4:13	-0.7	5:08	-0.3	7:24	6:07	
30	Sun	11:48	5.1			5:05	-0.4	6:04	0.0	7:25	6:06	
31	Mon	12:09	3.6	12:43	4.7	6:00	-0.1	7:03	0.3	7:26	6:05	