
































Metompkin Inlet, VA - Nov 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:05	3.4	1:39	4.4	6:59	0.2	8:03	0.5	7:27	6:04	
2	Wed	2:05	3.2	2:39	4.0	8:01	0.5	9:02	0.7	7:28	6:03	
3	Thu	3:11	3.2	3:42	3.8	9:05	0.7	9:59	0.7	7:29	6:02	
4	Fri	4:18	3.2	4:43	3.6	10:09	0.8	10:50	0.7	7:30	6:01	
5	Sat	5:17	3.4	5:35	3.5	11:10	0.8	11:35	0.7	7:31	6:00	
6	Sun	5:05	3.6	5:20	3.5	11:05	0.8	11:15	0.6	6:32	4:59	
7	Mon	5:47	3.9	6:01	3.5	11:52	0.7	11:53	0.5	6:33	4:58	
8	Tue	6:26	4.1	6:40	3.5			12:34	0.6	6:34	4:57	
9	Wed	7:04	4.3	7:19	3.5	12:30	0.4	1:13	0.5	6:35	4:56	
10	Thu	7:43	4.4	7:59	3.5	1:06	0.3	1:51	0.4	6:36	4:55	
11	Fri	8:23	4.5	8:39	3.5	1:43	0.3	2:29	0.4	6:37	4:54	
12	Sat	9:03	4.5	9:19	3.4	2:21	0.3	3:08	0.5	6:39	4:54	
13	Sun	9:44	4.5	10:00	3.4	2:59	0.4	3:49	0.6	6:40	4:53	
14	Mon	10:25	4.5	10:42	3.3	3:40	0.4	4:33	0.7	6:41	4:52	
15	Tue	11:09	4.4	11:28	3.3	4:23	0.5	5:20	0.7	6:42	4:51	
16	Wed	11:55	4.3			5:13	0.6	6:10	0.8	6:43	4:50	
17	Thu	12:18	3.3	12:45	4.1	6:08	0.7	7:01	0.7	6:44	4:50	
18	Fri	1:14	3.4	1:41	4.0	7:08	0.7	7:54	0.5	6:45	4:49	
19	Sat	2:16	3.6	2:40	3.9	8:12	0.6	8:48	0.3	6:46	4:49	
20	Sun	3:18	3.9	3:40	3.9	9:16	0.5	9:41	0.1	6:47	4:48	
21	Mon	4:18	4.3	4:39	3.9	10:20	0.2	10:35	-0.2	6:48	4:47	
22	Tue	5:15	4.7	5:34	3.9	11:22	-0.1	11:29	-0.5	6:49	4:47	
23	Wed	6:09	5.0	6:28	3.9			12:21	-0.4	6:50	4:46	
24	Thu	7:02	5.2	7:21	3.8	12:21	-0.8	1:16	-0.5	6:51	4:46	
25	Fri	7:55	5.3	8:13	3.8	1:13	-0.9	2:09	-0.6	6:52	4:46	
26	Sat	8:47	5.3	9:05	3.7	2:03	-0.9	3:00	-0.6	6:53	4:45	
27	Sun	9:38	5.1	9:57	3.6	2:54	-0.8	3:51	-0.4	6:54	4:45	
28	Mon	10:29	4.8	10:49	3.4	3:45	-0.6	4:43	-0.2	6:55	4:44	
29	Tue	11:19	4.5	11:41	3.3	4:38	-0.3	5:36	0.0	6:56	4:44	
30	Wed			12:10	4.1	5:34	0.0	6:29	0.2	6:57	4:44	