US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Dec 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**12:36**	3.2	**1:01**	3.7	**6:31**	0.3	**7:20**	0.4	6:58	4:44	
2	Fri	**1:33**	3.1	**1:55**	3.4	**7:31**	0.6	**8:10**	0.5	6:59	4:44	
3	Sat	**2:33**	3.2	**2:51**	3.2	**8:31**	0.8	**8:57**	0.5	7:00	4:43	
4	Sun	**3:32**	3.3	**3:45**	3.1	**9:30**	0.8	**9:42**	0.5	7:01	4:43	
5	Mon	**4:24**	3.5	**4:36**	3.0	**10:27**	0.8	**10:27**	0.5	7:02	4:43	
6	Tue	**5:11**	3.7	**5:22**	3.0	**11:19**	0.7	**11:11**	0.4	7:03	4:43	
7	Wed	**5:54**	3.9	**6:06**	3.1			**12:05**	0.6	7:03	4:43	
8	Thu	**6:37**	4.1	**6:49**	3.1			**12:48**	0.5	7:04	4:43	
9	Fri	**7:18**	4.3	**7:31**	3.2	**12:35**	0.1	**1:28**	0.4	7:05	4:43	
10	Sat	**8:00**	4.4	**8:13**	3.2	**1:16**	0.0	**2:07**	0.3	7:06	4:43	
11	Sun	**8:42**	4.5	**8:56**	3.3	**1:56**	-0.1	**2:48**	0.2	7:07	4:43	
12	Mon	**9:23**	4.5	**9:38**	3.3	**2:38**	-0.1	**3:29**	0.2	7:07	4:44	
13	Tue	**10:05**	4.5	**10:22**	3.3	**3:20**	-0.1	**4:11**	0.2	7:08	4:44	
14	Wed	**10:48**	4.4	**11:08**	3.3	**4:05**	0.0	**4:56**	0.2	7:09	4:44	
15	Thu	**11:32**	4.2	**11:58**	3.4	**4:55**	0.1	**5:43**	0.1	7:10	4:44	
16	Fri			**12:20**	4.0	**5:50**	0.2	**6:32**	0.1	7:10	4:45	
17	Sat	**12:52**	3.5	**1:12**	3.8	**6:49**	0.3	**7:23**	0.0	7:11	4:45	
18	Sun	**1:51**	3.7	**2:10**	3.6	**7:52**	0.3	**8:16**	-0.1	7:11	4:45	
19	Mon	**2:53**	3.9	**3:11**	3.4	**8:57**	0.2	**9:12**	-0.3	7:12	4:46	
20	Tue	**3:56**	4.1	**4:13**	3.3	**10:03**	0.1	**10:08**	-0.5	7:13	4:46	
21	Wed	**4:56**	4.4	**5:13**	3.3	**11:08**	-0.1	**11:06**	-0.7	7:13	4:47	
22	Thu	**5:53**	4.7	**6:09**	3.3			**12:08**	-0.3	7:14	4:47	
23	Fri	**6:48**	4.8	**7:04**	3.3	**12:02**	-0.9	**1:04**	-0.5	7:14	4:48	
24	Sat	**7:41**	4.9	**7:56**	3.4	**12:56**	-1.0	**1:56**	-0.6	7:15	4:48	
25	Sun	**8:32**	4.8	**8:48**	3.4	**1:47**	-1.1	**2:44**	-0.6	7:15	4:49	
26	Mon	**9:21**	4.7	**9:37**	3.4	**2:37**	-1.0	**3:31**	-0.6	7:15	4:49	
27	Tue	**10:08**	4.5	**10:26**	3.3	**3:26**	-0.8	**4:17**	-0.4	7:16	4:50	
28	Wed	**10:53**	4.2	**11:13**	3.3	**4:16**	-0.6	**5:03**	-0.3	7:16	4:51	
29	Thu	**11:37**	3.8			**5:06**	-0.2	**5:48**	-0.1	7:16	4:51	
30	Fri	**12:01**	3.2	**12:22**	3.5	**5:58**	0.1	**6:33**	0.1	7:17	4:52	
31	Sat	**12:51**	3.1	**1:09**	3.1	**6:51**	0.4	**7:17**	0.3	7:17	4:53	