
































Metompkin Inlet, VA - Mar 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:04	3.3	2:21	2.6	8:11	0.9	8:14	0.6	6:32	5:56	
2	Fri	3:04	3.4	3:21	2.7	9:09	1.0	9:11	0.5	6:31	5:57	
3	Sat	4:04	3.5	4:20	2.9	10:06	0.8	10:09	0.3	6:29	5:58	
4	Sun	4:59	3.8	5:14	3.1	11:01	0.6	11:06	0.0	6:28	5:59	
5	Mon	5:50	4.0	6:05	3.5	11:51	0.2			6:27	6:00	
6	Tue	6:37	4.2	6:54	3.9	12:00	-0.3	12:38	-0.1	6:25	6:01	
7	Wed	7:24	4.4	7:42	4.2	12:51	-0.6	1:22	-0.4	6:24	6:02	
8	Thu	8:10	4.5	8:30	4.5	1:40	-0.9	2:06	-0.7	6:22	6:03	
9	Fri	8:57	4.4	9:18	4.7	2:30	-1.0	2:50	-0.8	6:21	6:04	
10	Sat	9:43	4.3	10:07	4.7	3:20	-1.0	3:36	-0.9	6:19	6:05	
11	Sun	11:31	4.0	11:58	4.7	5:12	-0.9	5:24	-0.8	7:18	7:06	
12	Mon			12:21	3.7	6:06	-0.6	6:15	-0.6	7:16	7:07	
13	Tue	12:51	4.5	1:14	3.4	7:05	-0.3	7:11	-0.4	7:15	7:08	
14	Wed	1:49	4.2	2:12	3.1	8:07	0.0	8:12	-0.2	7:13	7:08	
15	Thu	2:53	4.0	3:18	2.9	9:12	0.2	9:16	0.0	7:12	7:09	
16	Fri	4:04	3.8	4:29	2.9	10:19	0.3	10:23	0.0	7:10	7:10	
17	Sat	5:14	3.7	5:36	3.0	11:25	0.3	11:29	-0.1	7:09	7:11	
18	Sun	6:16	3.7	6:34	3.2			12:23	0.2	7:07	7:12	
19	Mon	7:07	3.8	7:22	3.4	12:29	-0.2	1:11	0.0	7:06	7:13	
20	Tue	7:51	3.8	8:05	3.6	1:22	-0.3	1:51	-0.1	7:04	7:14	
21	Wed	8:31	3.8	8:45	3.8	2:07	-0.4	2:28	-0.2	7:03	7:15	
22	Thu	9:09	3.7	9:24	4.0	2:49	-0.4	3:03	-0.2	7:01	7:16	
23	Fri	9:47	3.7	10:03	4.0	3:27	-0.4	3:37	-0.1	7:00	7:17	
24	Sat	10:25	3.6	10:42	4.0	4:06	-0.3	4:12	0.0	6:58	7:18	
25	Sun	11:03	3.4	11:22	4.0	4:44	-0.1	4:48	0.1	6:57	7:19	
26	Mon	11:42	3.3			5:24	0.2	5:26	0.3	6:55	7:20	
27	Tue	12:02	3.9	12:22	3.1	6:06	0.4	6:07	0.5	6:54	7:20	
28	Wed	12:45	3.8	1:04	3.0	6:52	0.7	6:52	0.6	6:52	7:21	
29	Thu	1:31	3.7	1:51	2.9	7:42	0.9	7:43	0.7	6:51	7:22	
30	Fri	2:24	3.6	2:45	2.9	8:35	1.0	8:38	0.8	6:49	7:23	
31	Sat	3:22	3.6	3:45	2.9	9:30	0.9	9:37	0.7	6:48	7:24	