US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jun 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:02	3.7	6:38	4.9	11:56	-0.3			5:42	8:18	
2	Sat	6:59	3.7	7:33	5.1	12:50	-0.2	12:51	-0.6	5:41	8:19	
3	Sun	7:54	3.8	8:27	5.3	1:48	-0.5	1:45	-0.8	5:41	8:19	
4	Mon	8:49	3.8	9:21	5.3	2:42	-0.6	2:38	-0.9	5:41	8:20	
5	Tue	9:43	3.8	10:14	5.2	3:35	-0.7	3:31	-0.9	5:40	8:21	
6	Wed	10:37	3.7	11:06	5.0	4:27	-0.7	4:24	-0.8	5:40	8:21	
7	Thu	11:30	3.7	11:57	4.7	5:19	-0.5	5:18	-0.5	5:40	8:22	
8	Fri			12:23	3.6	6:11	-0.3	6:15	-0.2	5:40	8:22	
9	Sat	12:48	4.3	1:17	3.5	7:03	-0.1	7:13	0.1	5:40	8:23	
10	Sun	1:39	3.9	2:13	3.4	7:54	0.1	8:12	0.4	5:40	8:23	
11	Mon	2:31	3.6	3:11	3.4	8:44	0.2	9:12	0.6	5:40	8:24	
12	Tue	3:26	3.3	4:09	3.5	9:32	0.4	10:12	0.8	5:40	8:24	
13	Wed	4:21	3.1	5:04	3.6	10:19	0.5	11:11	0.8	5:40	8:25	
14	Thu	5:15	3.0	5:53	3.8	11:05	0.5			5:40	8:25	
15	Fri	6:04	3.0	6:38	4.0	12:06	0.8	11:51 AM	0.5	5:40	8:25	
16	Sat	6:50	3.0	7:21	4.1	12:54	0.7	12:36	0.4	5:40	8:26	
17	Sun	7:34	3.1	8:03	4.3	1:37	0.6	1:19	0.3	5:40	8:26	
18	Mon	8:18	3.2	8:45	4.4	2:17	0.5	2:02	0.2	5:40	8:26	
19	Tue	9:01	3.3	9:26	4.5	2:56	0.4	2:43	0.2	5:40	8:27	
20	Wed	9:43	3.3	10:08	4.5	3:34	0.3	3:24	0.2	5:40	8:27	
21	Thu	10:26	3.4	10:48	4.5	4:13	0.3	4:05	0.2	5:41	8:27	
22	Fri	11:08	3.5	11:29	4.4	4:53	0.3	4:49	0.3	5:41	8:27	
23	Sat	11:51	3.5			5:35	0.3	5:35	0.4	5:41	8:27	
24	Sun	12:11	4.3	12:37	3.6	6:18	0.3	6:26	0.5	5:41	8:27	
25	Mon	12:55	4.1	1:26	3.7	7:04	0.2	7:22	0.5	5:42	8:28	
26	Tue	1:43	3.9	2:20	3.9	7:52	0.2	8:21	0.6	5:42	8:28	
27	Wed	2:36	3.7	3:18	4.1	8:43	0.1	9:23	0.5	5:43	8:28	
28	Thu	3:35	3.6	4:20	4.3	9:37	0.0	10:27	0.4	5:43	8:28	
29	Fri	4:37	3.4	5:21	4.6	10:33	-0.1	11:32	0.2	5:43	8:28	
30	Sat	5:39	3.4	6:20	4.8	11:32	-0.3			5:44	8:28	